

## **SEPTEMBER 18-24, 2023**

#### U.S. Constitution Day

Monday, September 18 from 1-2 p.m.

Skybox Conference Room - Student Union, 2nd floor (view map)

Join us on September 18th in the Skybox Conference Room to learn more about the U.S. Constitution.

#### U.S. Constitution Day Tabling

Monday, September 18 from 10 a.m.-12 p.m.

Student Union Plaza (view map)

Stop by the Student Union Plaza and pick-up a U.S. Constitution Booklet, U.S. Flags and cookies.

### **ASU Club Day**

Wednesday, September 20 from 10 a.m.-1 p.m.

Student Union Plaza (<u>view map</u>)

Join us for the first Club Day of the year. Meet your ASU Student Leaders and check-out and join campus clubs. You can also REGISTER TO VOTE. Free food for students who have paid their \$10 semester ASO Fee. You can pay it in the Business Office or through your SIS Portal.

#### The Hero In You: Your Role In Suicide Prevention

Wednesday, September 20 from 1-2:30 p.m.

Student Services Complex 2nd Floor #245 (view map)

Learn about the many factors that contribute to suicide. The goal of suicide prevention is to reduce factors that increase risk and increase factors that promote resilience. Lunch will be provided for those who register.

#### **Red Cross Blood Drive**

Thursday, September 21 from 8:45 a.m.-3:15 p.m.

Campus Drive in front of the Allied Health & Sciences Building (view map)

The American Red Cross Bloodmobile is on-campus for students, faculty and staff to donate blood. Sign up today to make a life-saving donation! To schedule your appointment, visit RedCrossBlood.org (sponsor code: LAVC).

#### **Basic Needs Center Weekly Food Distribution**

Thursday, September 21 at 11:30 a.m.

Outside Mosaic Village Unity Center, Campus Center 127 (view map)

The LAVC Basic Needs Center's Monarchs Market Weekly Food Distribution is open every Thursday from 11:30 am until food runs out. Any student is eligible to receive a wide variety of fresh produce and non-perishables.

# Suicide Awareness Month: Rising with Resilience: A Mental Health Workshop with BrandElsa

Thursday, September 21 from 1-2:30 p.m.

Mosaic Village: Unity Center, Campus Center 127 (view map)

September is Suicide Awareness Month! Join LAVC's Mosaic Village Unity Center and Student Health Center for an empowering workshop on mental health led by BrandElsa, a motivational speaker on stilts, who will help the audience build resilience and agency.

## LAVC's Welcome Center is Here to Help!

The <u>LAVC Welcome Center</u> should be your first stop to help you find what you're looking for at Valley College! Get answers to your general questions as well as registration assistance. Open Monday-Thursday, 8 a.m.-7 p.m. & Friday, 8 a.m.-1 p.m. (except on holidays).

- In-person assistance Welcome Center, 1st Floor of the Student Services Center (SSC) (View campus map)
- Chat live Welcome Center Virtual Lobby (craniumcafe.com)
- *Phone* (818) 938-8418 (press 1 for Welcome Center)
- *Email* <u>LAVCStudentSupport@laccd.edu</u>

# Now Enrolling in 2<sup>nd</sup> 8-Week Class!

Open seats are available in Fall 2<sup>nd</sup> 8 week classes that begin on October 23. Secure your spot today by enrolling online using your <u>mycollege.laccd.edu Student Portal</u>. If you need help registering, contact the LAVC Welcome Center.

### Earn Your Degree in 2 Years with Valley Fast Track!

Be a part of the Valley Fast Track program, and you can complete your general education transfer requirements (IGETC) and earn a degree in about two years! Designed for busy working adults, most courses are offered 100% online. Fast Track students take up to two courses every eight weeks in Fall and Spring terms. In Winter term students take one course and in Summer term students take up to two classes. Learn more about Valley Fast Track.

#### **Upcoming Events**

#### **Basic Needs Center Weekly Food Distribution**

Thursday, September 28 at 11:30 a.m. outside Mosaic Village Unity Center, Campus Center 127

The LAVC Basic Needs Center is offering a <u>Monarchs Market Weekly Food Distribution</u> every Thursday at 11:30 am until food runs out. Please make sure to bring your bag.

#### Opportunities in STEM Cell Research

Thursday, September 28 from 12-1 p.m. in MESA Scholars Center LARC 229

LAVC Math Engineering, Science Achievement (MESA) invites you to <u>STEM Cell Research</u> <u>Opportunities</u>. Come listen to speakers discuss STEM Cell Research Opportunities through the CIRM and N-Compass Programs at UCLA and CSUN.

# FREE Math 259/260 Workshop - Solve Absolute Value Equations & Inequalities, Real/Complex Zeros of Polynomials, Composite/Inverse Functions

Thursday, September 28 from 4-5:30 p.m. on Zoom

<u>This session</u> is tailored to the content being taught by your Math 259/260 professor and will help you prepare for test and exams, so you understand the content and earn higher grades.

# FREE Math Success Workshop - Compound inequalities and Absolute value equations

Friday, September 29 from 10:30 a.m.-12 p.m. on Zoom and LARC 212

<u>This session</u> will help you review some basic but key concepts, so you can succeed in your math class!

#### FREE Writing Workshop - Plagiarism and Academic Writing

Saturday, September 30 from 10-11:30 a.m. on Zoom

<u>The interactive workshop</u> will help you improve your writing, grammar, and be ready for Final papers and projects.

# FREE Online Math 227 Workshop - Chapter 5: Probability, Binomial & Poisson Distribution

Saturday, September 30 from 10:30 a.m.-12 p.m.

<u>This session</u> is tailored to the content being taught by your Math 227 professor and will help you prepare for test and exams, so you understand the content and earn higher grades.

To find other upcoming events, check the <u>LAVC Calendar of Events</u>.

LACCD encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact the event organizer listed in the link above as soon as possible, but no later than ten (10) business days prior to the event.