

STUDENT BASIC NEEDS

Fall 2023
Enrollment Now Open!

These are FREE, online and in-person, non-credit courses.

The program addresses basic needs crises in practical, lasting ways by providing students with the tools to address basic needs barriers and mental health resources and management. Upon completing the program, students will be better able to manage their long-term educational and career goals. They will be more likely to transfer and continue to complete their 4-year degree. Further, the skills gained and the certificate on their record of program completion would make students more employable in a variety of jobs, including in the fields of education and public/social service, especially during a time when there is a strong focus on basic needs and a widespread desire for resource navigation.

ENROLL!  **LOS ANGELES VALLEY COLLEGE**
Opportunity. Guidance. Success.

NEW STUDENTS: scan the QR code below or visit www.lavc.edu and click "Apply."

CONTINUING STUDENTS: Enroll through your student portal.

SCAN ME



**CLASSES WILL TAKE PLACE ONLINE & IN-PERSON
FROM AUGUST 28, 2023 - DECEMBER 17, 2023**

01

Student Basic Needs I: Stigma, Barriers, and Mental Wellbeing (VOC ED 580CE)

#27172 - Mo 4:00PM - 6:20PM (Valley/Internet)
September 11, 2023 - October 23, 2023

#26805 - Mo 1:40PM - 4:00PM (Valley/Internet)
(*ARMENIAN)

October 28, 2023 - December 17, 2023

#26823 - 2Hr 5Min /Wk TBA (Valley/Internet)
October 30, 2023 - December 11, 2023

In this course, students will deconstruct the stigma and other barriers (personal, family, cultural, and societal) associated with seeking support for basic needs. This course will address the diversity of perspectives and experiences accessing the social services system. Students will question myths and truths about mental health and develop cognitive health management skills. Upon completion of the course, students will be better able to take on the psychosocial burden of overcoming barriers to basic needs and will be better able to advocate for themselves and other specialists.

02

Student Basic Needs II: Navigating Resources (VOC ED 581CE)

#26806 - 2Hr 5Min /Wk TBA (Valley/Internet)
October 23, 2023 - December 17, 2023

#27173 - Mo 4:00PM - 6:20PM (Valley/Internet)
October 30, 2023 - December 11, 2023

#29022 - 2Hr 5Min /Wk TBA (Valley/Internet)
October 30, 2023 - December 11, 2023

In this course, students will build a solid knowledge base of the various social services and support resources available to the college and the wider community. Students will have the skills needed to conduct independent research and access resources, including public benefits, food and housing support, college financial aid programs, and more.

FOR ASSISTANCE WITH ENROLLMENT

Contact : Irene A. Mah y Busch
Student Services Assistant
AdultEd@lavc.edu (818) 947-2961

TO SPEAK/CHAT WITH A COUNSELOR

Contact : Maritza Robles
Adult Education Counselor
roblesm6@lavc.edu (818) 778-5830

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