

### MAY 22-28, 2023

#### Need Assistance? Let LAVC's Welcome Center Help

Monday-Thursday, May 22-25 from 8 a.m.-7 p.m. Friday, May 26 from 8 a.m.-1 p.m. In-Person, Virtual, Phone and Email

The <u>LAVC Welcome Center</u> is here to help you find what you're looking for at Valley College! They can help answer general questions and provide registration assistance.

- In-person assistance Welcome Center, 1st Floor of the Student Services Center (SSC) (view map)
- Chat live Welcome Center Virtual Lobby (craniumcafe.com)
- Phone (818) 938-8418 (press 1 for Welcome Center)
- Email LAVCStudentSupport@laccd.edu

#### Late Night Crunch Time for Spring 2023 Finals

Monday-Thursday, May 22-25 from 7-10 p.m.

Student Union – Cafeteria (<u>view map</u>)

Finals are coming...Don't sweat it alone! The Academic Resource Center (ARC) and the ASU are hosting <u>Crunch Time</u> with four evenings of dedicated study space, free coffee/snacks, massages (yes, massages), counseling, and tutoring. For more information, call the Academic Resource Center at (818) 947-2922, email <u>arc@lavc.edu</u> or visit <u>lavc.edu/arc</u>.

#### Yoga Relaxation Session

**Tuesday, May 23 from 12-1 p.m.** *Monarch Square* (*view map*)

Students, staff, and faculty are invited to a <u>Yoga Relaxation Session</u>. This yoga session, led by Ana Maria Delgado, is presented by the Mosaic Village Unity Center and Student Health Education. In the event of bad weather, the session will be moved to the Mosaic Village Unity Center, CC127).

## Art Is Good For You! Workshop: Drawing Experiments and Deep Breathing

Wednesday, May 24, 2023 from 12-1 p.m.

LAVC Art Gallery (view map)

Join the LAVC Art Gallery for a hands-on <u>Art Is Good For You! workshop</u> featuring drawing prompts that foster risk-taking and invite unexpected outcomes. We will explore deep breathing techniques that will engage our spirit and promote inner calmness. This energy will be explored in a non-judgmental space, allowing us to practice mindfulness while experimenting with a range of materials and processes to help generate new ways of being.

#### Nurturing Our Internal Self-Talk

#### Wednesday, May 24 from 12-2 p.m.

SU 216 - Student Union, 2nd Floor (view map)

Learn to self-reflect and identify goals, aspirations, and dreams at <u>this in-person workshop</u>. Identify daily practices that can help you manifest and achieve your goals. Take your vision board home to keep a visual reminder of desired changes. Lunch and activity materials will be provided.

#### 2023 Art Student Annual Exhibition

Wednesday, May 24 from 2-4 p.m.

LAVC Art Gallery – Art Building (view map)

Please join us in celebrating the work of 2022-23 LAVC Art Students. Selected by department faculty, <u>the exhibition</u> includes works from ceramics, painting, printmaking, sculpture and

graphic design. Free and open to the public. You can learn more, by visiting the <u>LAVC Art</u> <u>Gallery.</u>

#### **Queer Gamer Night**

Wednesday, May 24 from 2-5 p.m. Mosaic Village Unity Center (view map)

Queer Gamer Night is an end of the semester celebration put on by the Rainbow Pride Center and ASU that will feature Super Smash Bros and Mario Kart. The event is open to all students. For more information, contact Natalie Guerrero at <u>guerren3@lavc.edu</u>.

## Free Wednesday Concert: Applied Student/Faculty Mentor Final Concert

Wednesday, May 24 at 2 p.m.

Music Recital Hall (Music 106) (view map)

Come listen to performances of students completing the two-year Applied Music Program at the <u>Applied Student/Faculty Mentor Final Concert</u>. Featuring Mio Asakura, Jaylen Harvey, Chris Hi, Ashkhen Kharatyan, Brody Alba Morales, Ben Ricci, and Grace Seukunian. Our secondary theme of "Entartete Musik" includes a performance of music by Kurt Weill.

## Fatherhood: Finding your Place and Purpose Workshop

Wednesday, May 25 from 12 - 1:30 p.m.

Online (Zoom link)

As a father you are an important part of your child's life. Join us to learn how a sense of purpose can help shape you as a father. Join the <u>Fatherhood: Finding Your Placw and Purpose</u> <u>Workshop Zoom</u>.

### Enroll NOW for Summer & Fall 2023!

Don't forget to enroll in your Summer and Fall classes. To search for classes and to enroll online, visit the <u>mycollege.laccd.edu Student Portal</u>. If you need help enrolling, contact the <u>LAVC Welcome Center</u>.

#### Need Canvas Help? Contact Valley College Online

Got questions or need help with your online class? <u>Valley College Online</u> (formerly known as Virtual Valley) is the place to help you with resources and assistance on Canvas! You can also reach the <u>Valley College Online Help Desk</u> on Mondays-Fridays from 10:30 a.m.-6:30 p.m. at:

- In-person assistance Valley College Online Help Desk, 2nd Floor of the Library and Academic Resource Center (LARC) (view map)
- Phone (818) 778-5834
- Email LAVC-VVHD@laccd.edu

# Check Out the Computer Commons Lab (above the Library)

The Computer Commons has 97 Windows computers, two iMACs, a B&W and color printer/copier, a high-resolution scanner, two study rooms, and dedicated staff to assist you. The lab is open Monday-Thursday from 7 a.m. to 7:45 p.m., and Friday from 7 a.m. to 4 p.m. in LARC 234 (second floor of the Library & Academic Resource Center). Visit LAVC <u>Computer Commons</u> online or on the <u>Cranium Café</u>.

## Earn College Credit working, interning, or volunteering this Summer!

<u>LAVC Cooperative Education (COOP ED)</u> is a program that allows students to earn up to four college units for their work, internship, and volunteer experience. Credit earned is CSU transferable. Need help signing up? Contact us at <u>cooped@lavc.edu</u> or call 818-947-2334.

## Do you need help finding a job? Check the College Central Network

The College Central Network (CCN) is a gateway to a career advancement network that provides leading-edge technology for connecting employers with qualified emerging talent quickly and easily. Register for the CCN, and check out our <u>Job Opportunity Listing</u>. CCN is free for any student enrolled at LAVC and community residence. If you need assistance setting up your CCN account, contact us at <u>cooped@lavc.edu</u> or call 818-947-2334.

#### **Upcoming Events**

#### Memorial Day Holiday

Monday, May 29

Classes and college services will resume their normal hours of operation on Tuesday, May 30, 2023.

#### **Finals Week**

May 30-June 5

Final examinations for regular Spring 2023 classes will be held between May 30-June 5. Please check the <u>Spring 2023 Final Exam Schedule</u> or your class syllabus for the date/time of your final examination.

#### Commencement 2023

Tuesday, June 6 at 9 a.m. in Monarch Stadium

Join us as we celebrate our Class of 2023 at the LAVC Commencement Ceremony on Tuesday, June 9 at 9 a.m. in Monarch Stadium. For details, visit the <u>LAVC Commencement Information</u>.

#### Summer/Fall 2023 Monarch Registration Day

Saturday, June 10 from 9 a.m.-1 p.m. in the Student Services Plaza

Get in-person assistance from Counseling, Financial Aid, Admissions, and much more at our In-Person Monarch Registration Day!! There will also be FREE Food, and a chance to win prizes!

To find additional upcoming events, check the LAVC Calendar of Events.

#### **Upcoming Dates & Deadlines**

The following is a list of important holidays and academic dates you should be aware of. Please check your <u>myCollege.laccd.edu Student Portal</u> for your registration date and the specific add/drop deadlines of your class:

- Summer Session 2023 1<sup>st</sup> 5-week Classes Begins June 12, 2023
- Summer Session 2023 6-week Classes Begins June 12, 2023
- Summer Session 2023 8-week Classes Begins June 12, 2023
- Summer Session 2023 2<sup>nd</sup> 5-week Classes Begins July 17, 2023

LACCD encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact the event organizer listed in the link above as soon as possible, but no later than ten (10) business days prior to the event.