

STUDENT BASIC NEEDS

Spring 2023
Enrollment Now Open!

These are **FREE, fully online,
non-credit courses.**

The program addresses basic needs crises in practical, lasting ways by providing students with the tools to address basic needs barriers and mental health resources and management. Upon completing the program, students will be better able to manage their long-term educational and career goals. They will be more likely to transfer and continue to complete their 4-year degree. Further, the skills gained and the certificate on their record of program completion would make students more employable in a variety of jobs, including in the fields of education and public/social service, especially during a time when there is a strong focus on basic needs and a widespread desire for resource navigation.

ENROLL!  **LOS ANGELES
VALLEY COLLEGE**
Opportunity. Guidance. Success.

NEW STUDENTS: scan the
QR code below or visit
www.lavc.edu and click
"Apply."

CONTINUING STUDENTS:
Enroll through your student
portal.

SCAN ME



**CLASSES WILL TAKE PLACE ONLINE
FROM FEBRUARY 6, 2023 - JUNE 5, 2023**



**This class requires students to be online
and interact with their instructor during
the times shown in the class schedule, in
addition to completing assignments.**

01

Student Basic Needs I: Stigma, Barriers, and Mental Wellbeing (VOC ED 580CE) #27606

In this course, students will deconstruct the stigma and other barriers (personal, family, cultural, and societal) associated with seeking support for basic needs. This course will address the diversity of perspectives and experiences accessing the social services system. Students will question myths and truths about mental health and develop cognitive health management skills. Upon completion of the course, students will be better able to take on the psychosocial burden of overcoming barriers to basic needs and will be better able to advocate for themselves and other specialists.

February 6, 2023 - March 29, 2023

02

Student Basic Needs II: Navigating Resources (VOC ED 581CE) #27607

In this course, students will build a solid knowledge base of the various social services and support resources available to the college and the wider community. Students will have the skills needed to conduct independent research and access resources, including public benefits, food and housing support, college financial aid programs, and more.

April 10, 2023 - June 05, 2023

FOR ASSISTANCE WITH ENROLLMENT

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