



## **ICLA da Silva Foundation: Be the Match**

### **Internships/Volunteer Opportunities**

Become a Volunteer Ambassador and help inform and recruit bone marrow donors to help patients find their life-saving cures.

**Remote volunteer and internship opportunities available.** For more information, please contact: Yolanda Loera at [yolanda@icla.org](mailto:yolanda@icla.org).

Visit the [ICLA da Silva Foundation](https://www.icla.org) for more information.



## **Kaiser Permanente, Los Angeles (on Sunset Blvd.)**

### **In-person Volunteer Opportunities**

Hone your soft skills as a Red Vest Concierge. This is a wonderful opportunity to explore a variety of career pathways in a hospital setting. The program requires 200 hours over a period of one year, however, you can also participate in this program as a Co-op Ed. student which will require a minimum of 60 hours for the semester.

Onboarding takes place every month. Interviews are held the first week and training in the second week of the month. A background check and healthscreen is required and provided by the organization.

To get started, send an email to [volunteerservices-kpsunset@kp.org](mailto:volunteerservices-kpsunset@kp.org). The volunteer-coordinator will email you a link to the online application.

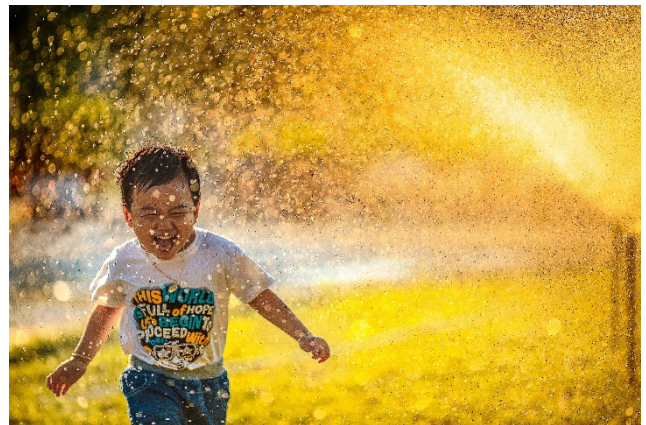




## CDI Early Learning Center

### Volunteer Opportunities

Love working with children? Get a head start in your child development career by volunteering with CDI. CDI offers a range of services for children and families. Services range from therapeutic services to play-based learning. It's a marvelous opportunity to network and get hands-on experience working in a multifaceted organization.



#### Remote Volunteer Opportunities Available.

All in-person services have been suspended due to COVID-19. For more information and to get started, email Jamie Olivas at [JOlivas@cdikids.org](mailto:JOlivas@cdikids.org).

Visit the [Child Development Institute](#) for more information.

## Friends of the Family

### Remote Internships/Volunteer Opportunities

Friends of the Family is a comprehensive family resource center. They provide a myriad of services geared to educate and strengthen the well-being of families and are currently seeking students interested in providing virtual class support, teach their own virtual class and lesson plan, conduct research and surveys, and provide computer assistance.

To apply, email Elvira Pimentel, family wellness coordinator, at [elvira@fofca.org](mailto:elvira@fofca.org). Learn more about [Friends of the Family](#) by visiting their website.



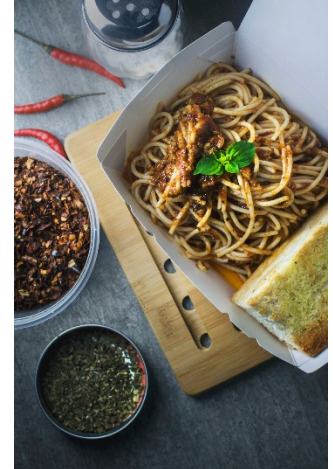


## **Bernardi Senior Center**

### **In person Volunteer Opportunities**

Bernardi Senior Center is one of four senior centers in the San Fernando Valley providing meals for seniors during the pandemic. Volunteers are needed to help deliver meals to seniors on Mondays, Wednesdays, and Thursdays.

Interested? Contact Leticia Perez at (747) 254-2963 or send an email to her at [lperez@vic-la.org](mailto:lperez@vic-la.org).



## **SOVA Community Food & Resource Program**

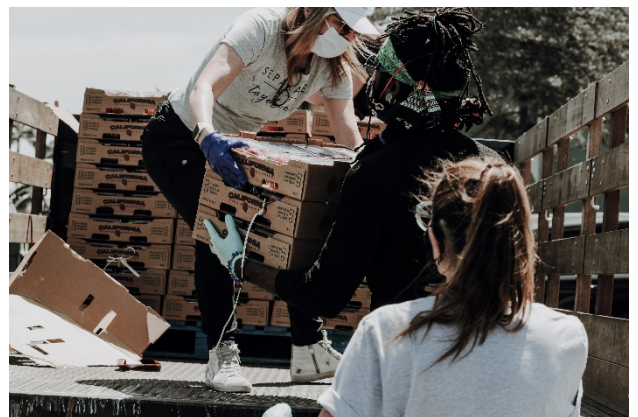
### **Jewish Family Services of Los Angeles**

#### **In-person Volunteer Opportunities**

Help those in need by volunteering at this food pantry. They offer free and nutritious groceries and personal care items to community members. Help sort, package, and distribute food. Pantry hours are Sundays from 8:30am – 12:15pm and Monday – Thursday, 8:30am – 1:30pm.

To volunteer, please contact Felice Resnick, volunteer coordinator, at [fresnick@ifsla.org](mailto:fresnick@ifsla.org). The pantry is located in Van Nuys.

Visit the [Jewish Family Services of Los Angeles](https://www.jewishfamily.org/) for more details and services.





## Los Angeles Regional Food Bank

### In-person Volunteer Opportunities

LA Regional Food Bank serves more than 300,000 people every month. Help support their efforts to provide food and other essentials to people in need. Sort, inspect, and package food donations. There are 3 and 6-hour shifts available throughout the week. You can also become part of their Volunteer Ambassador Program where volunteers assist with event set-up, volunteer check-in, provide customer service, as well as clerical and operations support for 4 hours weekly on a Saturday.



Please contact Anna Raguindin, community program specialist, at [araguindin@lafoodbank.org](mailto:araguindin@lafoodbank.org) or (323) 234-3030 ext. 185 or 111.

For more information about their services, please visit the [Los Angeles Regional Food Bank](https://www.lafoodbank.org).

Have questions? Visit their [Volunteer Frequently Asked Questions](#) page.

## Pacoima Beautiful

### In-person Volunteer Opportunities

Pacoima Beautiful is a grassroots environmental justice organization. Join and help support the beautification for the Bradley Green Alley project and Jardin Pacoima edible garden. Both of these projects help Pacoima Beautiful create a safe and healthy environment for Pacoima residents.



To participate, please contact Felipe Escobar at [fescobar@pacoimabeautiful.org](mailto:fescobar@pacoimabeautiful.org) or at (818) 899-2454 ext. 107. Learn more about [Pacoima Beautiful](https://www.pacoimabeautiful.org).



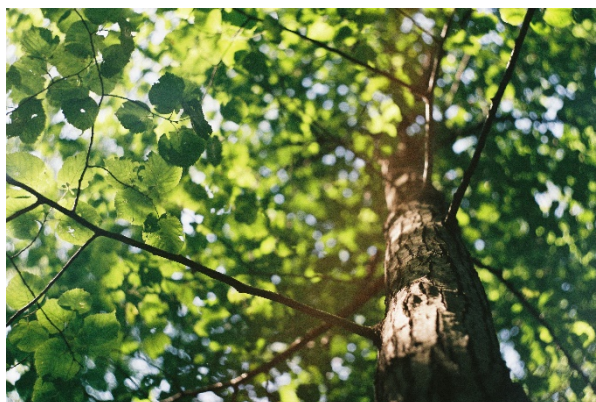
## TreePeople

### In-person Volunteer Opportunities

Volunteer to plant trees, renew depleted landscapes, and help build a more sustainable and greener L.A. Volunteer opportunities available at different times and locations. Prospective volunteers must register for planting events in advance.

For volunteer information, please email Luis Rodriguez, volunteer and community engagement lead, at [LRodriguez@treepeople.org](mailto:LRodriguez@treepeople.org).

Visit [TreePeople](https://www.treepeople.org) to learn more.



## Garden School Foundation

### In-person Volunteer Opportunities

Garden School Foundation provides in-depth garden-based education to youth at Title I schools in Los Angeles. Volunteers have the opportunity to work in one of eight GSF's school garden sites. Volunteers help tend gardens and learn to compost. GSF provides all necessary training and tools on site the first day of volunteer work. Training is on-going as needed by volunteers. No experience needed to volunteer.

For more information, email [join-us@gardenschoolfoundation.org](mailto:join-us@gardenschoolfoundation.org). Also visit the [Garden School Foundation](https://www.gardenschoolfoundation.org) for volunteer updates.

