

LAVC Student Health Education

Presents:

ZUMBA & YOGA

Dancing is a feeling



Ana Lopez
Zumba Instructor

Yoga is a state of mind



Racquel TW
Yoga Instructor

Weekly classes are in person and on Zoom . View Student Health Center EVENT CALENDAR or use QR code.



Masks are required indoors on campus, regardless of vaccination status. Masking is not required outdoors but recommended for all unvaccinated persons. Before accessing the campus, students and employees will need to complete the COVID-19 Symptom Self Check on [LAVC homepage](#) or on the LAVC Safe App (available for [Apple](#) or [Android](#)).

LACCD encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact (person) at (email address) as soon as possible, but no later than five (5) business days prior to the event.