I took Physiology 1 with Professor Huang in Spring 2011. Initially, I had heard horror stories about the difficulty of Physiology 1, but I came to learn that there is no reason to not succeed in this class if you put the time and effort into this class. Professor Huang gives you all the tools you need to succeed and get a good grade; it’s up to the student to utilize them. To succeed in this class, you need to keep on top of everything, and the worst thing you can do is cram the day before a test. Here was my formula to getting a 90%+ on every single exam and an A in the class:

- Pre-read the textbook before lecture. Skim over the lecture slides.
- Do the chapter study guides after each class. Use this as an opportunity to review the day’s lecture material. Make sure to do these study guides well, as they’re excellent review material for the test.
- Do the test study guide as soon as you can. On the guide, Professor Huang gives you the actual test questions for the written part of the test, so there’s no excuse for not getting near 24/24 on written part of the test. All of the answers to those test questions can be found verbatim in the book or on the Physiology textbook website.
- There will be a quiz pretty much every day. Utilize the AHS tutoring center, as it has alternate versions of the quiz that you can use for study material.
- For the lab, pay attention and make sure you know what you’re doing. Read the lab manual before class. If you understand the lab as you’re doing it, it will make getting good grades on the lab quizzes much easier.

So as you can see above, there’s no easy shortcut to success in this class, and everything I said above is stuff that Professor Huang will tell you at the beginning of the class. You must be disciplined, but if you honestly put in the effort to this class, you will succeed.