

**Los Angeles Valley College**  
**Course Level Student Learning Outcomes (SLO)**

**Course Name and Number:** Personal Development 20 - Post-Secondary Education: Scope of Career Planning.

- **Course Objective:** (List the course objectives as they appear in the course outline of record.)
- **Select transfer institutions based on an understanding of the systems of higher education through the use of university print and electronic catalogues and resources.**
- **Formulate realistic educational, personal and career goals.**
- **Construct a student educational plan.**
- **Identify campus resources and academic policies.**
- **Evaluate the factors that influence motivation and develop strategies for increasing one's motivational level.**
- **Assess one's self-esteem level and apply specific strategies and behaviors to raise one's self-esteem level.**
- **Examine health issues such as stress, nutrition and exercise that effect lifelong wellbeing. Analyze lifestyle choices and the impact these choices have on learning and health. Differentiate between various communication styles.**
- **Demonstrate awareness of gender and ethnicity issues as they relate to cross-cultural interaction.**
- **Examine principles of critical thinking for academic and personal decision-making.**
- **Create effective strategies for managing time and achieving lifelong goals.**
- **Choose effective written and oral communication.**
- **Identify career resources.**
- **Differentiate and compare student and vocational development theories.**
- **Assess and apply one's values, interests, personality traits and skills in the career decision-making process.**

*Establish 1 -2 course level student learning outcomes and indicate how each SLO will be assessed.*

<b>Course Level Student Learning Outcome</b>	<b>Assessment Measure</b>
Students will select transfer institution(s) and course of study.	1) Students will devise educational plans appropriate to major/career goals and selected transfer institution(s). (A rubric will be used for evaluation).

**Provide an assessment plan/timeline:**

Counseling Department will meet regularly (2008 - 2009) to review/revise/refine course outlines and SLO statements.