## CAREER/TRANSFER CENTER



# PSYCHOLOGY

## MAJOR GUIDE SHEET

### WHAT IS PSYCHOLOGY?

Psychology is the scientific study of human behavior and it's connection to biology, cognition, emotions, and experiences. Through scientific research and observation, psychologists and psychology majors seek to understand aspects of human life such as emotions, personality, memory, perception, cognition (learning), attention, motivation, biological processes, neurological functions, the self, relationships, and more. As a professional field, psychology aims to improve mental health and overall wellness.

### INTERESTS

(THINGS YOU LIKE TO DO)

- Helping others
- Analyzing people
- Developing theories
- Learning about how the human mind works
- Mental health and wellness
- Solving problems
- Providing support and resources

### SKILLS

(THINGS YOU WILL LEARN & USE)

- Critical thinking
- Time management
- Detail orientated
- Problem solving
- Communication
- Critical thinking
- Social persceptiveness
- Cultural competency
- Patience
- Research skills

## LAVC DEGREES & CERTIFICATES OFFERED

The study of Psychology provides a foundation for a diversity of fields such as research, counseling, therapy, social services, education, healthcare, business, and law. Students will be able to evaluate behaviors and mental processes using psychological concepts and theories, distinguish various biological systems that are fundamental to behavior and experience, and apply the scientific logic of hypothesis testing to everyday life. LAVC offers the following degrees:

- Associate of Arts for Transfer (AA-T) in Psychology
- Associate of Arts (AA) in Social and Personality
  Psychology

### TRANSFER RELATED MAJORS

- Fresno State: Psychology
- CSU Fullerton: Psychology
- **CSU Long Beach:** Psychology, Kinesiology Sport Psychology & Leadership
- **CSU San Bernardino:** Psychology Industrial & Organizational Psychology, Biological Psychology
- San Diego State: Psychology: Industrial & Organizational Psychology, Psychology
- CSU Northridge: Psychology
- CSU Los Angeles: Psychology
- UC Irvine: Psychology & Cognitive Science
- **UC Los Angeles:** Psychology, Cognitive Science, Psychobiology
- **UC Santa Barbara:** Psychological & Brain Sciences, Biopsychology

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\*Earnings can vary by occupation and experience. The following are median wages as of 2018 in California based on CaliforniaCareerZone.org

## FOR MORE INFORMATION

www.lavc.edu/transfer

https://www.lavc.edu/Psychology-Department/home.aspx

www.lavc.edu/transfer/majors/default.html

www.assist.org

www.eureka.org

www.cacareerzone.org

www.onetonline.org

http://degrees.calstate.edu/

https://admission.universityofcalifornia.edu/counselors/files

/undergraduate\_majors\_list.pdf

# RELATED OCCUPATIONS

- Clinical psychologist
- Psychiatrist
- Child psychologist
- Forensic psychologist
- Professor
- Gerontologist
- Marriage therapist
- Neurologist
- Advertising executive
- Human resources manager

## POTENTIAL EMPLOYERS

- Clinics
- Rehabilitation center
- Consulting firms
- Private businesses
- Government agencies
- Corporate firms
- Colleges/universities
- Elementary/high schools

This general information is provided by the LAVC Career/Transfer Center. For specific information about majors and careers please make an appointment to see a counselor either online, in person at the Counseling Department (Student Services Annex) or by phone at (818) 947-2474.