

I had the immense pleasure of taking Physiology 1 with Prof. Huang in Spring 2010. I agree with all those who think that it is a challenging course, but this little piece of advice is for those who believe in accepting challenges and succeeding and for those who I believe have the potential to succeed but have yet not tried hard enough. Though it is almost the end of this semester, here are a few tips that helped me achieve an “A” in this class.

- 1) Always review the chapter before going to the class. Don't think that you can get points on an open book quiz because it is “open book”. That doesn't work due to time constraints.
- 2) The topics that you don't fully understand from the notes, go over the same topics from the book. Sometimes detailed information makes it easier to understand and memorize.
- 3) Make sure you review your open book quizzes after you get them back. So often you get the same questions on the test.
- 4) Whenever you have time, review the chapters again and again. Unless you are a god gifted genius, there is a good possibility that you won't do well on a test by going over the chapter just once.
- 5) If you are one of those people who freak out looking at a long chapter, divide the chapter into doable parts and do one part at a time.

Lastly studying consistently is the key to succeed. Don't leave everything for the last day.

I hope this message helps everyone achieve the grade they want.

All the best.