

**Support the Monarch Butterfly**  
**Plant these milkweed seeds in your garden.**  
**Monarch butterflies help to pollinate our food, especially corn!**

**Fun Facts About Pollinators**

- ❖ The Forgotten Pollinators Campaign estimates
  - One in every three bites of food is made possible by a pollinator.
  - 2/3 of the crops grown around the world depend on animal pollinators.
- ❖ Pollinators depend on native plants & habitats to live & feed.
  - Only with these natural supports can they tend to our crops on which we depend.

**California Monarch Butterfly (*Danaus plexippus*)**

- ❖ Makes an annual round trip migration from Canada to US to Mexico & back.
  - They over-winter along the coast of California
- ❖ Monarchs need food & resting places during their 2,800 mile long journey.
  - Nectar bearing plants along the migratory corridors help to feed the adults:
    - Rabbitbrush (*Ericameria nauseosa*)
    - Desert Broom (*Baccharis* spp.)
    - Aster
    - Helianthus
    - Solidago
    - Verbena
    - Trifolium
    - Asclepias

**What can we do to help?**

- ❖ **Explore Butterfly Gardening**
  - Plant milkweed everywhere to feed their caterpillars (It's the only food they eat!).
  - Promote nectar rich roadsides/neighborhoods/parks/gardens/schoolyards to feed adults.
  - Your local native plant society can provide information where to get the plants or seeds.
- ❖ **Become a Certified Monarch Waystation**
  - Register your garden & assist in the conservation of the monarch butterfly in N. America.
- ❖ **Be an Advocate**
  - Speak up for the conservation of butterflies.
- ❖ **Become a Citizen Scientist**
  - Public land management agencies can train people to conduct monarch monitoring & other activities.
- ❖ **Donate**
  - Your time, talents, books & knowledge.

[http://www.rand.org/scitech/stpi/ourfuture/NaturesServices/sec1\\_pollinators.html](http://www.rand.org/scitech/stpi/ourfuture/NaturesServices/sec1_pollinators.html)

<http://www.xerces.org/california-monarchs>

<http://www.desertmuseum.org/pollination/monarchs.php>

<http://www.worldwildlife.org/species/finder/monarchbutterflies/monarchbutterflies.html>

<http://www.fs.fed.us/monarchbutterfly/do/index.shtml>