



**LOS ANGELES VALLEY COLLEGE
COMMUNITY SERVICES
CLASSES & PROGRAMS
WINTER/SPRING 2012
EDUCATION! ENRICHMENT! FUN!**

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KEEP CATALOG UNTIL MAY 31, 2012

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HOW TO REGISTER

- 1. In Person** at our office (Monday-Thursday: 8 am - 5:30 pm and Friday: 8 am -4 pm)
 - 2. Online** at:
<http://lavalley.augusoft.net>
 - 3. Call** (818) 947-2577, Ext. 4172 during office hours (Monday-Thursday: 8 am - 5:30 pm and Friday: 8 am -4 pm) and use your Visa, Master Card, Discover, or American Express Card.
 - 4. Fax**-Complete the form in this brochure on page 5 (one per person) and fax to (818) 947-2930 using your Visa, Master Card, Discover, Or American Express Card.
 - 5. Mail**-Complete the form in this brochure on page 5 (one per person) and mail to:
LAVC Community Services Department
5800 Fulton Avenue
Valley Glen, CA 91401-4096
- Winter/Spring class registration begins on Tuesday, January 3**
- Register prior to January 13 and save \$5.00 per class!**
- (Early registration discount not valid on gymnastics, karate, fencing, monthly classes, private tennis lessons, online classes, swimming classes, camp programs or trips & tours).***

GENERAL & REGISTRATION INFORMATION

LOS ANGELES COMMUNITY COLLEGE BOARD OF TRUSTEES

Georgia L. Mercer, President
Miguel Santiago, First Vice President
Nancy Pearlman, Second Vice President
Kelly G. Candaele
Mona Field
Tina Park
Sylvia Scott-Hayes
Linda L. Tong, Student Trustee

DISTRICT ADMINISTRATION

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Dr. Adriana Barrera, Deputy Chancellor
John Clerx, Vice Chancellor of Educational Support Services
Gary Colombo, Vice Chancellor of Institutional Effectiveness
Marvin Martinez, Vice Chancellor of Economic and Workforce Development
Camille A. Goulet, General Counsel
Jeanette Gordon, Chief Financial Officer/Treasurer

COLLEGE ADMINISTRATION

A. Susan Carleo, Ph.D., President
Dr. Sandra Mayo, V. P. of Academic Affairs
Mr. Florentino Manzano, Acting V. P. of Student Services
Thomas V. Jacobsmeyer, V. P. of Adm. Services
Raul Gonzalez, Associate V. P. of Adm. Services

COMMUNITY SERVICES PROGRAM STAFF

Michael Atkin, Community Services Manager
Annette Basileo-Ivey
Anthony Estrada
Eulalia Hernandez
Bill Raddatz

Community Services Program classes and workshops are offered to meet community interests. These classes are not given for academic credits and are not part of any degree or certificate program offered by Los Angeles Valley College. The Community Services Program is self-supporting, and classes are not given at taxpayers' expense. Unless indicated, class instructors and workshop leaders are not members of the Los Angeles Valley College faculty. Financial aid is not available for these classes.

PARKING

You **MUST OBTAIN A PARKING PERMIT** to park in all campus lots and roadways. **No parking allowed in Faculty Lot H. If paying with cash, exact change is required.** The Community Service Program is not responsible for lost or misdirected mail.

Parking permit must be PROPERLY displayed by **affixing to the back of the inside rear view mirror.** Permit not valid in spaces marked "Faculty" or "Staff". **Parking citations are issued when regulations are not followed.**

ATTENDING FIRST SESSION

Preregistration is required for all classes and workshops. If you register late, you must show your receipt to the teacher at the first class meeting. The teacher will verify the program number, date and the student's name. **Keep your receipt.** Only

persons with an appropriate receipt will be considered registered. Students may be required to sign in at each session.

REGISTER EARLY

Minimum enrollment is necessary to maintain each class. Unless the minimum is reached before the first meeting of the class, it will be cancelled. Some classes fill rapidly and the maximum may be reached before the final registration date.

A \$2 per class nonrefundable registration fee as mandated by the Board of Trustees at their Dec. 11, 1985 meeting, is included in class fees.

The District and Valley College are not responsible for minors. The parent is responsible for behavior and attendance in classes.

DISCLAIMER POLICY

The Los Angeles Community College District and Valley College have made every reasonable effort to determine that everything stated in this brochure is accurate. Courses and programs offered, together with other matters contained herein, are subject to change without notice by the administration of the Los Angeles Community College District or Valley College for reasons related to student enrollment, level of financial support, or for any other reason, at the discretion of the District and the College. The District and the College further reserve the right to add, amend, or repeal any of their rules, regulations, policies and procedures. Note: Students enrolling in business and financial classes are responsible for making their own financial decisions.

REFUND POLICY

There will be a \$10 charge for each refund OR transfer requested. All Camp withdrawals are \$35 each camper per week per withdrawal. Trip and Travel refund fees are \$20. Refunds are not available for EKG Technician class. Refund or transfer requests **may** be granted **ONLY** if presented in **writing** on a **refund request form** at least **5 working days before the first class meeting** unless otherwise noted. Please choose classes carefully, as refunds, transfers or credits **CANNOT** be granted once a class has begun. Refunds or credits **WILL NOT** be issued for absences or late registrations. **If you miss some meetings of a class you cannot make them up in another class.** Refunds are not made on the basis of not receiving a confirmation. The Community Services Program is not responsible for lost or misdirected mail. There will be a \$10 charge to change a class. If you paid by credit card, your account will be credited. If you paid by cash, check or money order, you will receive a check refund (allow 4-6 weeks for processing). Refunds are given when the College cancels a class or program. If you cancel your registration less than five working days before it begins, **NO REFUND** will be given.

GENERAL & REGISTRATION INFORMATION

ENROLLMENT APPLICATION FORM:

A SEPARATE FORM (OR COPY) IS REQUIRED FOR EACH CLASS AND STUDENT (PLEASE PRINT)

Today's Date: _____ Class Title: _____ Start Date: _____ Class # _____

Gold Card/Seniors # _____ Age _____ E-mail address, optional _____
(If under 18)

Name _____

Street _____

City _____ ZIP _____

Phone: Home () _____ Business () _____

Payment Method:

Check Cash Visa MasterCard Discover Card American Express

Credit Card # _____ Expiration Date _____ Auth # _____

Signature Required: _____ Clerk: _____



Office Use Only

Fee \$ _____

Parking Fee \$ _____

Parking Permit # _____

**Mail or bring this form (or copy) to:
Community Services Office
5800 Fulton Ave., Valley Glen, CA 91401**

Registration indicates that you (1) have read and understand the refund policy (2) understand that the Los Angeles Community College District has no insurance covering medical or hospital costs incurred by participants (3) recognize that there are risks inherent to participation in recreational activities and agree to release, indemnify and hold harmless the Los Angeles Community College District staff, employees, trustees and volunteers from and against any and all liability from bodily injury and/or property damage which may result from participation in the program. (4) fully consent to emergency medical treatment, should emergency personnel or a physician deem such attention necessary. (5) understand that photographs taken of Community Services programs may be used by the Community Services Department for promoting programs, classes, or events and agree that you will not seek compensation of any kind for use of photographic likeness. Receipt will be mailed.

Refund Requests must be presented **in writing on the appropriate refund request form** and accompanied by original receipt **at least 5 working days** before 1st class meeting unless otherwise noted. **No Refund after class begins.** There will be a \$10 charge (**\$20 For Trips \$35 For Camp Refunds**) for each refund or transfer. **THERE ARE NO REFUNDS FOR EKG TECHNICIAN CLASS.** (See enrollment form for these courses for refund appeal process). **SAVE YOUR RECEIPTS.**

SUPPLY/HANDOUT FEES:

Please be aware that some Community Services classes have additional supply, handout or book fees. These fees are for written handouts and/or other supplies required by the instructor. **You MUST purchase the supplies necessary to take the class at the time you register. Supply fees are paid to the Community Services Department. You WILL NOT be able to participate in class unless you purchase the supplies. You will receive the supplies at the first class. Supply fees will only be refunded if class is cancelled or the student withdraws from class at least 5 days prior to class start date.**

If you require special ADA accommodations, please inform us at least two weeks prior to the start of your class or program.

GENERAL & REGISTRATION INFORMATION

Winter/Spring Class Registration Begins Tuesday, January 3, 2012

**SAVE MONEY! AVOID DISAPPOINTMENT!
REGISTER FOR ANY CLASS PRIOR TO January 13th AND SAVE
\$5.00 PER CLASS! (some restrictions apply)**

Registration Options:

ONLINE (ANY TIME!) WITH A CREDIT CARD AT: <http://lavalley.augusoft.net/> You will be able to print your receipt and confirmation immediately.

WALK-IN: Visit the Community Services Office in the Field House
HOURS: Monday – Thursday 8AM-5:30PM, FRIDAY 8AM-4PM. Registration is official only when all fees are paid. (CREDIT CARDS, CHECKS* OR **EXACT CHANGE REQUIRED**).

PHONE-IN: CALL (818) 947-2577, X4172 MONDAY – THURSDAY, 8 AM – 5:30 PM, FRIDAY 8 AM – 4 PM. Have your Visa, MasterCard, Discover or American Express card ready.

MAIL-IN: Mail at least TWO weeks prior to first day of class to ensure there is space in the class. Complete registration form on page. 5 (one per person). Mail to: Los Angeles Valley College, Community Services Program, 5800 Fulton Avenue, Valley Glen, CA 91401. Receipt, campus map and confirmation will be mailed.

FAX-IN: For 24 hour service, you can FAX your registration form any time! FAX to (818) 947-2930, and be sure to provide all the registration information, including your Visa, Master Card, Discover or American Express card number and expiration date. Receipt, campus map and confirmation will be mailed.

*** *Checks are processed electronically and will be presented for payment on the same business day.***

We will contact registrant(s) if classes are filled, changed, cancelled or if registration form is incomplete.

PLEASE KEEP YOUR RECEIPTS - ALL RECEIPTS REQUIRED FOR REFUNDS, CREDIT SLIPS OR TRANSFERS.

AMERICAN WITH DISABILITIES ACT (ADA) INFORMATION

All classes and events are wheelchair accessible. Individuals needing sign-language interpreters, assistive listening devices, large print or other alternative format materials, or other accommodations should contact the Community Services Office at 818.947.2577 x 4172 **at least two weeks prior to the date of 1st class or event.**

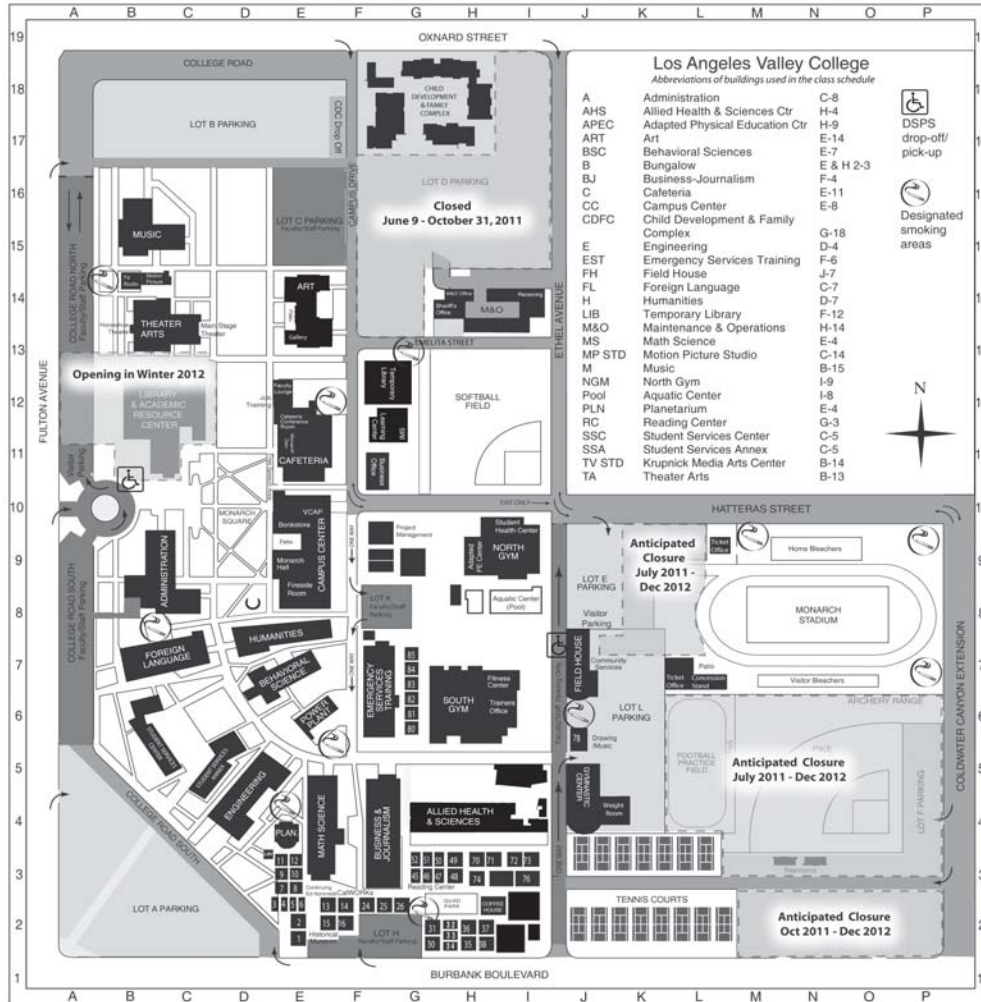
INSTRUCTORS WANTED

Do you see the need for an adult or children's program that has not yet been offered by the Community Services Office? Do you know someone (perhaps yourself) who can teach an interesting or unusual class or craft? We're always looking for new ideas, new workshops, new seminars and new qualified instructors. If you have some professional and/or teaching experience in a field you would like us to consider offering, please go on line to <http://lavalley.augusoft.net> to download a proposal form or call (818) 947-2577, Ext. 4172

GENERAL & REGISTRATION INFORMATION

LAVC CAMPUS MAP

Map effective as of August 29, 2011 (For the latest campus map, visit www.lavc.edu)



Academic Affairs (A)	C-8 Cooperative Education (B48)	H-3 Lost & Found (Sheriff's Office)	H-14 Parking Lot L	K-6
Adapted PE Ctr (APEC)	F-2 Continuing Ed Noncredit (B13)	F-2 Mailroom / Faculty Mail Boxes (A)	C-8 President's Conf. Rm - PCR (A)	C-8
Administrative Services (A)	C-8 Counseling (SSA)	C-5 Main Stage Theater (TA)	C-13 Professional Development Ctr (BB3)	G-7
Admissions and Records (SSC)	C-5 Information Technology Office (CC)	E-10 Master Calendar Office (A)	C-8 Reading Center (B45)	G-3
Art Gallery & Patio (ART)	E-13 EOPS (SSC)	C-5 Media Services (IMS)	G-11 Receiving Office (M&O)	H-14
Assessment Ctr (SSC)	C-5 Extension Program (C)	E-12 Monarch Den (C)	E-11 Registration / Admissions (SSC)	C-5
ASU Offices (SSC)	C-5 Faculty Lounge (C)	E-12 Monarch Hall & Patio (CC)	E-9 Sheriff's Office (M&O)	H-14
Baseball Field	N-5 Family Resource Center (CDFC)	G-18 Monarch Square	D-10 Softball Field	H-12
Bookstore (CC)	E-10 Financial Aid (SSC)	C-5 Monarch Stadium	N-8 South Gym	H-6
Business Office	F-11 Fireside Room (CC)	E-9 North Gym (NGM)	I-9 Student Health Center (NGM)	I-9
Cafeteria Cont. Rm - CCR (C)	E-12 Fitness Center (FC)	H-7 Parking Lot A	B-3 Svcs to Students w/Disabilities (SSA)	C-5
CalWORKs/GAIN (BB/B14)	F-2 Foundation Office/Alumni Assn (A)	C-8 Parking Lot B	D-17 TAP/Honors Program (SSA)	C-5
Career/Transfer Ctr (SSA)	C-5 Free Speech Area	D-11 Parking Lot C (Faculty/Staff)	E-15 Tennis Courts	K-3
CCaTT Lab (BJ)	F-4 Gymnastics Center (GYM CTR)	J-4 Parking Lot D	G-16 TRIO (SSC)	C-5
Child Development Ctr (CDFC)	H-18 Historical Museum (B16)	E-2 Parking Lot E	J-9 VCAP (CC)	E-10
Child Development Dept (CDFC)	H-18 Horseshoe Theater (TA)	B-13 Parking Lot F	P-4 Visitor Parking (Metered)	A-11
College Road North (Faculty/Staff)	A-14 Job Resource Center (B48)	H-3 Parking Lot G	O-2 Walking Track	M-5
College Road South (Faculty/Staff)	A-8 Job Training Program (C)	E-12 Parking Lot H (Faculty/Staff)	G-2 Weight Room (WT ROOM)	K-4
Community Services (FH)	J-7 Learning Center (LC)	F-11 Parking Lot K (Faculty Staff)	G-8 Writing Center (H)	D-7

DIRECTIONS TO LOS ANGELES VALLEY COLLEGE

Los Angeles Valley College is located at 5800 Fulton Avenue in Valley Glen, CA, 91401. The college is easily accessible from both the 170 and 101 freeways. From the 170 freeway exit at Oxnard Blvd. or Burbank Blvd. and head west. The college is located between Fulton Avenue and Ethel Avenue. From the 101 freeway, exit Coldwater Canyon Avenue and head north to Burbank Blvd. The college is at the corner of Coldwater Canyon Avenue and Burbank Blvd. (The Community Services Office is located on Ethel Avenue).

ACTING/PERFORMING ARTS

COMMERCIAL ACTING FOR KIDS

(For Kids Ages 6-12) Two day seminar **on camera** at a professional casting studio in Studio City. Learn how to act like a pro in a casting studio where it really happens. Class topics include:



- Commercial acting and auditioning
 - The right way to enter the industry
 - Professional tools: photos, resumes, etc.
- All work is on camera. This is a safe, economical and professional environment for exploring the possibilities of working in the industry.

Hal Sweesy

Fee: \$81

2626 2 Sun 4:15-6:15 PM Jan 29-Feb 5 OR
2627 2 Sun 4:15-6:15 PM Mar. 25-Apr. 1 OR
2681 2 Sun 4:15-6:15 PM Apr. 29-May 6

See Our Other Classes For Kids on Pages 16-18!

ACTING FOR FILM AND TELEVISION (18+)

- Work on camera in a professional casting studio.
- Discover the actor's secrets of self-confidence, focus, and communication.
- Learn industry level acting technique.
- Explore the fields of commercials and commercial print.
- Acquire professional auditioning skills.
- Learn how to launch an acting career.

This exciting class has something for everyone. For fun, personal development, career enhancement or to jump start an acting career. You'll be working every week on exercises, improvisations and scripts.



This class has been a launching pad for many successful careers. Due to June Chandler's busy schedule some classes may be taught by a qualified substitute.

June Chandler or Staff

Fee: \$129

2628 6 Sun 4-6:45 PM Feb. 12-Mar. 18

COMEDY IMPROV

Jump into the lively world of Comedy Improvisation! You will be joining an ongoing group of new and continuing actors for a four week experience of improvisational games and tons of laughter. This class is taught by Dick Valentine, who has over 30 years experience in film, stage and TV work. The group meets at the world famous Zydeco Casting Studios. This is a no stress and relaxed way to build confidence and learn to think on your feet. Come give it a try! If you like it you can "re-up" for an additional 4 weeks.



Dick Valentine

Fee: \$67

2629 4 Sun. 4:15 -6:15 PM Feb. 5-26

PRODUCE YOUR OWN FILM! - 2-DAY FILM SCHOOL

Anyone can write, produce or direct a Feature Film or Television Series if given the basic information! This intensive weekend filmmaking crash course is credited with launching thousands of film careers to include directors like Quentin Tarantino, Baz Luhrman and Guy Ritchie and actors like Queen Latifah, Will Smith and Marcia Gay Harden. On Day-

1 (Saturday) you will discover how to step-by-step produce, direct and shoot your first feature film on budgets that range from \$5,000-\$10,000,000. On Day-2 (Sunday) you will then learn how to market, sell and distribute that feature film by attending film festivals, securing a distributor and making your theatrical, foreign, cable, dvd and internet sales. Day-1 "Make It" and Day-2 "Sell It". All attendees receive a Filmmaker's Workbook, a Producer's Diploma and a Graduation Certificate. **This class meets off campus.**

Dov S-S Simens

Fee: \$389

2630 1 Sat. & 1 Sun. 9 AM-6 PM Feb 11 & 12 OR

2631 1 Sat. & 1 Sun. 9 AM-6 PM Apr. 28 & 29

ACTING/PERFORMING ARTS

DIALECT TRAINING FOR ACTORS

All actors are looking to expand their range. Nothing does that better than learning a new accent! Enroll in this class and you will learn several of the following accents: French, British, German, American Southern, New York, Russian, Irish, Scottish, Japanese, Arabic. Instruction drills and improvisations will help you develop a seemingly magical array of dialects. Each term the accents taught will depend on the background of the students enrolled. Of course, non-actors are also welcome in this class!

Ivan Borodin

2632 6 Tues.
Supply fee \$20 (for CD/handouts)

6:30-8:30 PM

Fee: \$60
Apr. 17-May 22

LIVE RADIO PRODUCTION

Is talking your hobby? Have people told you your voice should be on radio? This class will introduce the student to concepts and techniques of live radio production. Class topics include radio careers, radio show production, voiceovers, radio commercial writing, engineering, interviewing, radio sales, hosting and job search strategies. Minimum age 18 years.



Rita Pardue, BA, MA, is the Production Manager at 89.3 KPCC, Southern California Public Radio. She has over 20 years experience in radio and voiceovers. She is the owner of Angel Wings Productions. She was the Mid-day LA Host for KKLA, 1998-2004. Held off-campus at KPCC Studios. No Class on 2/18

Rita Pardue

2633 6 Sat.
2634 6 Sat.

2-4 PM
2-4 PM

Fee: \$99
Feb. 4-Mar. 17 OR
Apr. 14-May 19

PITCHING YOUR FILM OR TV PROJECT

If you have a chance to tell someone about your idea or script, there is only one way to do it well, but many ways to not sell. If you want to develop a bulletproof presentation (as well as elephant hide), come learn the right way to pitch your project, get people interested in you, and make a deal instead of a mess.

Having made hundreds of pitches in his career, Jack Adams is the author of screenplays, television pilots, books, magazine articles, multimedia projects, Internet publications and an award-winning producer.

Jack Adams

2635 1 Sun.
2636 1 Sun.

1 PM-4 PM
1 PM-4 PM

Fee: \$45
Mar. 4 OR
May 20

SCREENWRITING WARRIORS

There are many ways to write a script. Some of them are convoluted, others are impossible to apply, and most take too much time. If you want to write (then rewrite) a script quickly and well, at a professional level of craft and ready to be marketed as quickly as possible, then come learn how not to "paint yourself into a corner". This is the quickest, most direct method of creating, writing and selling a script you'll find anywhere. And you don't have to buy software or a book to do it – it's just common sense and a practical approach.



Jack Adams

2637 1 Sun.
2638 1 Sun.

9 AM-12 PM
9 AM-12 PM

Fee: \$45
Mar. 4 OR
May 20

ARTS & CRAFTS/HOBBIES

PHOTOGRAPHY-BEGINNING & INTERMEDIATE

In the **beginning** class you will learn skills needed to master control of your 35mm single lens reflex (SLR) camera, film or digital, and get predictable, consistent results. With step-by-step instruction, students will learn the fundamentals of photography, including how to operate their cameras on manual setting, how to best use automatic settings, how to stop or blur motion, focusing, controlling depth of field, white balance, using flash, and more. Shooting assignments will be given and photos will be reviewed in class. If you're thinking of purchasing a camera, helpful pointers about features to look for will be discussed at first meeting. All others, bring camera and manual to first meeting. The **intermediate** class is an opportunity to fine tune fundamental photo skills and learn how to use them to make photos with strong visual impact. The emphasis of the intermediate level photography class is photographic content and creativity. We'll study photo composition and explore how camera angle, lens choice, filters, and basic photo techniques can improve your photographs. We'll also study the images of master photographers to help develop an individual photo style or interest. For most versatility, students are encouraged to shoot with a 35mm (film or digital) single lens reflex (SLR) camera, but all are welcome! No darkroom work is involved in either level. (No cameras with only automatic options). For 15 Yrs – Adults



Nancy Kaye

Beginning (No Class On 2/14 and 3/17)

2654 5 Tues. & 1 Sat. (TBD) 7-9:30 PM

2655 4 Tues. & 2 Sat. Tues. 7-9:30 PM & Sat 9:30-12 PM

Intermediate (No Class On 4/14)

2656 4 Tues. & 2 Sat. Tues. 7-9:30 PM & Sat 9:30-12 PM

Fee: \$100

Jan. 31-Mar. 6 OR

Mar. 13- Apr. 3

Fee: \$100

Apr. 10-May 1

CANDLE MAKING

Decorative candles may have caught your eye in pricey boutiques and gift shops. Now



you can decorate quality candles and make a beautiful addition to any home! In this workshop you will learn how to make several different kinds of candles, tips to work with paraffin wax, essential oils and candle dyes and how to incorporate dried fruits and flowers into your candles. You'll also find out where to get materials and supplies. You will leave with several high-quality candles. This is a hands-on class and can be messy-Please dress accordingly.

Quayum Abdul

2257 1 Sat. 1:30-4:30 PM

1:30-4:30 PM

Supply fee: \$20

Fee: \$40

Feb. 11 OR

Apr. 14

SOAP MAKING

Do you love the sensual pleasure of beautiful, aromatic soaps but hate the high prices shops charge? Why not learn to make your own for a fraction of the retail cost? It's easier than you think! Custom-made soaps are perfect for gifts, bathroom decor and people with sensitive skin. You will create different kinds of soaps while learning how to layer colors, use molds, and add fragrances, herbs and toys. Express your creativity and join the fun! This is a hands-on workshop and can be messy-Please dress accordingly.



Quayum Abdul

2659 1 Sat. 1:30-4:30 PM

1:30-4:30 PM

2660 1 Sat. 1:30-4:30 PM

Supply fee: \$20

Fee: \$40

March 24 OR

May 5

ARTS & CRAFTS/HOBBIES

MAGIC WITH ED SCHIFF



This might just be the most fun class you have ever taken. Ed's Magic class has been enjoyed by beginning students and professional magicians alike. This class is the real thing. Students will learn seven basic card skills, rope magic, coin magic and rubber band magic as time allows. The skills taught in this class can help the student in both professional and social aspects of their lives. When you have done a magic show for a few people, public speaking or a job interview is no big deal. Ed Schiff a professional magician performs at the Magic Castle and other venues. Every student will receive an invitation to the Magic Castle.

Ed Schiff

2661

6 Tues.

7-9 PM

Jan. 24-Feb. 28 OR

2662

6 Tues.

7-9 PM

Apr. 17-May 22

Supply fee: \$25

Fee: \$89

SEWING BASICS

Grab that sewing machine sitting in the back of your closet or go get the one you've had your eye on and join us in this fun hands-on class. You will learn to use the basic functions on your sewing machine and complete two projects. Our first class will focus on learning to use your machine; you'll leave class with a finished project. In our second class you will make an eco-friendly market bag. A special project to be determined will complete this class. Participants must bring their own machine and a pair of sharp fabric scissors to our first class. Please note that "toy" sewing machines are not appropriate for class. Visit rebeccaprangec.com for guidelines in choosing your sewing machine and a pair of scissors.



Rebecca Prange

2670

2 Sat.

9:30 AM-2:00 PM

Jan. 28- Feb 4 OR

2671

2 Sat.

9:30 AM-2:00 PM

May 26-June 2

Supply fee: \$20 You MUST purchase supplies on-line at www.etsy.com/shop/rebeccaprangec

BEFORE attending class. Sorry, but instructor can not accept payments at the class.

Fee: \$66

ALTERATIONS-HEM IT UP

How many pairs of pants do you take in for hemming? This fun hands-on class is all about hemming. You'll learn to hem your own pants, skirts, dresses and shirts. We'll cover the hand blind hem, machine topstitched hem, single fold and double fold hems plus keeping the original hem on jeans. You must bring all supplies to our first class. Please go to www.etsy.com/shop/rebeccaprangec for the supply list.



Rebecca Prange

2672

1 Sat.

9:30 AM - 2:30 PM

March 3

Fee: \$38

MODEL AIRPLANE BUILDING For Ages 16 and Up

Learn how to build and fly model airplanes in this fun, informative and exciting class! You'll build a complete airplane from raw materials and you'll also learn what makes an airplane stay in the sky. Learn while having fun. It's the best way to learn! Eric Cohen has over 20 years of experience building and flying model airplanes. For more information check out www.rctakeoff.com!



Eric Cohen

2763

4 Thur.

6:00 PM- 8:00 PM

Jan. 26-Feb. 16

Supply fee: \$100

Fee: \$75

BUSINESS & CAREER TRAINING

APARTMENT & PROPERTY MANAGEMENT

A career in property management goes way beyond just free rent and apartments that are owned by mom-pop. Property Management is a career that pays well, offers great benefits and training, has many different career options and allows you the opportunity to work worldwide. You will learn what it takes to get your foot in the door. This workshop will cover topics including your resume, interview skills and everything in-between. You will learn what leasing is, closing the deal, marketing surveys, setting appointments, setting up the leasing office, taking maintenance orders, resident retention and renewals. Fair Housing and state laws will be covered as well. Bring in an updated resume. You will be given the tools to help you in temporary-to-permanent job placement to start you on your new path.

Christine Evans

Fee: \$69

# 2674	2 Sat.	9 AM-1 PM	Feb 25 & Mar. 3 OR
# 2696	2 Sat.	9 AM-1 PM	Apr. 14 & 21 OR
# 2697	2 Sat.	9 AM-1 PM	May 12 & 19

Supply fee: \$15

BECOME A CALIFORNIA STATE NOTARY PUBLIC



California needs additional professional Notaries! This class will provide new or previously commissioned Notaries with the education and skills needed to pass the state proctored examination, detect fraud and become successful in a new career. This class exceeds the State qualifications for new applicants or Notaries that are renewing their commission. Class ends with the State Notary Public Exam. **PLEASE NOTE:** As this class concludes with the California State Notary Public exam there is an additional \$40.00 exam fee paid to the Secretary of State check or money order **ONLY**. **You must also bring two (2) passport size photos and number 2 pencils to the exam.** **Supply fee \$45.00**

Brenda Jeter or CSNP Staff

Fee: \$70

# 2675	1 Sat	8 AM - 4 PM	Jan. 21 OR
# 2676	1 Sat	8 AM - 4 PM	Feb. 25 OR
# 2677	1 Sat	8 AM - 4 PM	Mar. 24 OR
# 2678	1 Sat	8 AM - 4 PM	Apr. 28 OR
# 2679	1 Sat	8 AM - 4 PM	May 19

THE BUSINESS OF BARTENDING

These exceptional courses will prepare you to work as a bartender in all types of establishments, while also teaching you the business side of the beverage industry. Practical and effective, this method of instruction is sweeping the industry. Professional bartending requires much more than knowing how to put ice in a glass and adding the proper ingredients. With competition greater than ever, it's not enough to know how to make cocktails, you must also be a great salesperson, a customer service expert and an honest and valuable employee. These skills will help you succeed in the world of bartending. The lessons taught are extremely beneficial to managers and waitresses also. You will be taught in detail how to practice making cocktails on your own. Classroom drills will help you pour the perfect shot using the "tail," as professional bartenders do not count when pouring shots. Other topics included are glassware, tools, recipes, bar terms, wine and champagne service, martinis, high-volume sales techniques, laws, responsible beverage service, job interviews and resumes.



Kellie Nicholson

Fee: \$150

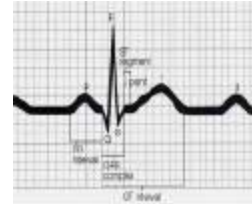
# 2680	3 Wed.	6-10PM	Mar. 7-21
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Supply fee \$54.38 (includes tax) *Please go to www.bartendingtheeasyway.com to purchase your supplies for this class. Instructor can not sell supplies in the classroom. You must purchase supplies in order to fully participate and receive a certificate of completion.*

BUSINESS & CAREER TRAINING

EKG TECHNICIAN CERTIFICATION PROGRAM

This comprehensive 50 hour EKG Technician Certification Program prepares students to function as EKG Technicians and to take the American Society of Phlebotomy Technician (ASPT) – Electrocardiograph (EKG) Technician exam in addition to other National Certification Exams. **(Please note: This course DOES NOT prepare you to work as a Phlebotomist.)** This course will include important practice and background information on anatomy of the heart and physiology, medical disease processes, medical terminology, medical ethics, legal aspects of patient contact, the Holter monitor, electrocardiography and echocardiography.



Additionally, students will practice with equipment and perform hands-on labs including introduction to the function and proper use of the EKG machine, the normal anatomy of the chest wall for proper lead placement, 12-lead placement and other clinical practices. The EKG Technician Certification Program includes a graded final exam to help prepare students for the ASPT – EKG Technician Exam.

Condensed Curriculum International **Fee: \$999**
2695 8 Mon. & 7 Wed. 6:00-9:30 PM Mar. 19-May 7

Fee INCLUDES all textbooks workbooks and materials

ENROLLMENT DEADLINE FOR EKG CLASS IS WEDNESDAY, MARCH 14 2012

PAYMENT PLAN AVAILABLE FOR THIS CLASS

FOOD HANDLER PROGRAM — ServSafe Certification

The California Health and Safety Code/Ordinance 97-0071 requires mandatory Food Handler Certification for Managers/Operators and/or other responsible parties of all restaurants, markets, mobile food preparation units, commissaries and food processing establishments (one certified food handler is required to be present during hours of operation). Exam and certification will be given.



Certification is approved by American Culinary Federation and Los Angeles County Health Department. Please register early. Enrollment is limited. Students need to bring a #2 pencil on exam day.

Book required-approximate cost of \$80 (available at the Community Services Office). The teacher recommends that students purchase the book early and start reading. This class is conducted in both English and Spanish; the teacher is bilingual.

Maria Reyna, ServSafe Instructor and Proctor **Fee: \$99**
2683 1 Wed. & 1 Fri. 4-8 PM Feb. 8 & 10 OR
2684 1 Wed. & 1 Fri. 4-8 PM Mar. 14 & 16 OR
2685 1 Wed. & 1 Fri. 4-8 PM Apr. 25 & 27

**We also offer a wide variety of other career training classes
on-line!**

See pages 33-37 for more information or visit:

www.gatlineducation.com/lavcComEd

or www.ed2go.com/lavc

BUSINESS & CAREER TRAINING

BECOME A MYSTERY SHOPPER AND OTHER FUN WAYS TO MAKE MONEY

Mystery shopping is a splendid way to earn extra money and have fun at the same time! Shoppers receive assignments from companies that do business evaluations. This 3 hour class will provide you with all the information you need to know so that you can become a mystery shopper including how to get into the Shoppers Network, how to avoid scams and more!

Elaine/Herb Moran

2688 1 Sun.

10 AM- 1 PM

Feb. 26

Fee: \$35

Supply fee of \$20.00

HOW TO BECOME A FINGERPRINT ROLLER/LIVE SCAN OPERATOR

Looking for a new career? Want to earn extra money? Become a fingerprint roller for the Department of Justice, get a job in law enforcement or start your own business by becoming an official provider for the State of California. Receive hands-on experience on actual live scan equipment and learn how to fill out customer forms. Get tips on marketing your business. Find out how becoming a provider comes with built-in advertising and built-in customers. Learn all this and more during this one-day seminar. No tests are offered or required.

Michael-Ann (Mickey) Brown

2689 1 Sat.

9 AM-3 PM

Feb. 25 OR

Fee: \$79

2690 1 Sat.

9 AM-3 PM

Apr. 21 OR

2691 1 Sat.

9 AM-3 PM

May 19

Supply/instruction booklet fee: \$25

PHYSICAL THERAPY AIDE

If you enjoy helping others and want to join a booming field, this is it. Physical therapy is one of today's fastest growing health care careers. Physical Therapy Aides assist the physical therapist in providing services that help improve mobility, relieve pain, and prevent or limit permanent physical disabilities of patients suffering from injuries or disease. This Physical Therapy Aide course will teach the basic skills and knowledge needed to gain employment as Physical Therapy Aides: medical terminology, basic anatomy, gait training, transfer training, therapeutic exercise and more. Upon completion of this program students will be able to qualify to work as entry-level Physical Therapy Aides in a variety of rehabilitative settings such as hospitals, sports clinics, gyms, convalescent centers and more. This is an accelerated course; students will need to set aside time to study material learned in class, in order to be successful. In addition to completing this course; volunteering in a clinic, hospital or fitness center, etc. is highly recommended; to help increase one's chances to landing a job. Upon successful completion of this class, students will receive a "certificate". **Books Required:**

Medical Terminology-Work-Text (\$25.00), ISBN 978-1-105-15020;

Physical Therapy Aide Training Manual (\$75.00)- ISBN978-1-105-15226-9 ISBN Both books

can be purchased online: <http://www.studentworktext.com/>.

Katrice Mubiru

2693 3 Sat & 3 Sun

10 AM-2 PM

Feb. 4-26 OR

Fee: \$129

2694 6 Sun.

10 AM-2 PM

Apr. 1-May 6

No class on 2/18, 2/19 and 4/8

READ ALL DAY AND GET PAID FOR IT!



Do you like to read? If so, why not earn some money by doing what you enjoy! Studios, producers, agencies and management companies need readers to analyze material for possible production. This workshop prepares you to find part-time and full-time work as a story analyst reading screenplays, stage plays, books and articles for possible production.

Jack Adams

2698 1 Sun

9 AM-12 PM

Feb. 26 OR

Fee: \$45

2699 1 Sun

9 AM-12 PM

May 13 OR

Supply fee of \$3 .

BUSINESS & CAREER TRAINING

WRITING FOR MAGAZINES

Many articles are written by free-lance writers – the contents of magazines are not written completely by staffers. In addition, you can sell the same article more than once without any rewriting whatsoever. Learn what kinds of material are needed and how to professionally approach editors. Part-time and full-time income can be achieved with the techniques presented in this 3 hour workshop.



Supply fee of \$3

Jack Adams

#2700 1 Sun

1PM-4 PM

Feb. 26 OR

Fee: \$45

#2701 1 Sun

1PM-4 PM

May 13

**REGISTERING FOR CLASSES WITH US IS EASY! CALL
818-947-2577 X.4172 OR GO ON-LINE TO
[HTTP://LAVALLEY.AUGUSOFT.NET](http://LAVALLEY.AUGUSOFT.NET)**

EARLY BIRD REGISTRATION DISCOUNT

Enroll in any class or classes by January 13, 2012 and receive a \$5.00 (five dollar) discount off each class! The more classes you enroll in before January 13th, the more money you will save! **(Not valid on gymnastics, karate, fencing, tennis lessons, online and swimming classes, any camp program or trips & tours).**

MEDICAL TERMINOLOGY

This introductory course will provide the students with a strong foundation in the

Language of Medicine applicable to most medical specialties.

The course takes the students through Greek and Latin word

roots covering basic anatomy and physiology, pathological

conditions and procedures, rules governing how medical terms

are formed and used, spelling and pronunciation. This course

will prepare students for employment in hospitals, clinics and

private medical and dental practices. There may be additional

reference books recommended including a medical dictionary.

This course is a prerequisite for Coding. Required text:

“Medical Terminology: A Short Course” by Davi-Ellen Chabner

must be purchased on your own for approx. \$55. ISBN 9781416055181.

Instructor also suggests that students purchase a Medical Dictionary.

Emelyn Valmoria

2702 3 Fri & 3 Mon.

6-10 PM

Fee: \$124

Jan. 23-Feb. 10

Supply fee: \$50

CODING: ICD9-CM/CPT-HCPCS (FOR MEDICAL INSURANCE BILLING)

Coding is now required to bill insurance companies. It also is used in the medical records departments of hospitals. Students will learn the different rules in coding diseases in order to meet the requirements for hospital medical records coding by effectively

Continued on next page

BUSINESS & CAREER TRAINING

Continued from previous page

learning to use the updated codes. Those same codes are used for billing insurance companies in order to get the best reimbursement. In CPT coding, one will learn how to code the doctor's procedures/services and the new evaluation and management codes. The official Medical Fee Schedule codes are used in billing for workers' compensation claims. **This course is a prerequisite for Medical Insurance Billing and Procedures.** Text: "ICD9-CM/CPT-HCPCS" approx \$70 and CPT approx. \$80. Purchase on your own.

Joselito P. Capili

2705 6 Fri.

6-10 PM

Fee: \$124

Feb. 24-Mar. 30

Supply fee : \$18

MEDICAL INSURANCE BILLING

A major part of managing a medical office is billing patients for services rendered. In this fast-changing area, students will learn to understand the procedures of billing, recognize the different forms used by third-party carriers, complete each claim form for reimbursement and define insurance terminology and different types of coverage. Learn the responsibilities of a medical insurance specialist, the life cycle of an insurance claim, and the various templates for billing commercial insurance. Prerequisite: Medical Terminology & ICD9-CM/CPT-HCPCS Coding. Required text same as used for Coding.

Joselito P. Capili

2703 3 Fri. & 3 Mon

6-10 PM

Jan. 20-Feb. 6 OR

2704 6 Fri.

6-10 PM

Apr. 13-May 18

Supply fee: \$18

Fee: \$124

We will issue a certificate for the "Medical Insurance Billing Specialist" after the student has successfully completed **all three** classes: **Medical Terminology, Coding, and Medical Insurance Billing classes** (attendance & examination requirements must be met before each class ends).

There will be an \$5 charge for each additional or special request certificate.

CHILDREN'S CLASSES

MONARCH DAY CAMP 2012

Join your friends and make new ones again this summer at Monarch Summer Camp. We will be operating our 33rd season this summer and offer eight weeks of regular day camp and several specialty day and overnight adventure camps.



REGISTRATION BEGINS MONDAY, MARCH 19
PLAN TO ATTEND ONE OF OUR OPEN HOUSES ON:
SATURDAY, APRIL 14, FROM 2-4 PM OR
SUNDAY, MAY 13 FROM 2-4 PM

Meet the Staff! Tours of Camp! Q & A! Raffles!

AMERICAN RED CROSS BABYSITTER'S TRAINING

Learn basic care for infants, toddlers and children, health & safety practices, first aid and emergency procedures, and how to be professional. This workshop prepares students

Continued on P. 17

CHILDREN'S CLASSES

Continued from p. 16

to care for themselves and children under their care when adults are not around. **For 11-17 year olds. If you pass the exam and wish to have a certificate (to be mailed later), the cost is \$9.00** payable to the instructor at class. Students should bring lunch to class.

Margaret Noji

2706

2 Sat.

10 AM - 1 PM

Fee: \$65

Mar. 10 & 17 OR

2707

2 Sat.

10 AM - 1 PM

May 12 & 19

Supply fee: \$26

HOME ALONE For 11-15 Year Olds

Develop skills to be confident and safe at home when there are no adults present.

This course provides tools, information and drills for youth who may be spending time at Home Alone. Covering topics such as:

- Answering the phone or front door
- Sudden power outages
- Earthquakes and other emergencies
- Knowing your surroundings
- How (and when) to call 911
- Safety in the kitchen
- Identifying common threats.

This class is a must for any child who spends time at home alone!

Taught by Margaret Noji, who is a parent, and an experienced instructor of other youth classes such as American Red Cross Babysitters, CPR, First Aid and Emergency Preparedness.

Margaret Noji

2708

1 Sat.

10 AM-1 PM

Fee: \$45

Jan. 21

MODEL AIRPLANE BUILDING FOR AGES 8-15

Learn how to build and fly model airplanes in this fun, informative and exciting class! You'll build a complete airplane from raw materials and you'll also learn what makes an airplane stay in the sky. Learn while having fun. It's the best way to learn! Eric Cohen has over 20 years of experience building and flying model airplanes. For more information check out www.rctakeoff.com!



Eric Cohen

2709

4 Thur.

4:00-6:00 PM

Fee: \$75

Jan. 26-Feb. 16

Supply fee: \$100

SUMMER READING SKILLS PROGRAM



Information will be available in our Summer 2012 brochure.

If you would like to be added to the mailing list, please call 818 947-2577, Ext. 4172

If you'd like more information on the Summer Reading Program, please call: 800 978-3532

CHILDREN'S CLASSES

YOUNG LEARNER'S MATH IMPROVEMENT WORKSHOP

This basic math workshop is aimed at improving your child's math skills to meet or exceed the standards for grade levels. The class covers multiplication, division, fractions, decimals and word problems, among other math subjects. Class limit: 12 students. Brian King, a graduate of SDSU, has over 10 years of teaching experience. He has worked as a full-time teacher and is currently a substitute teacher for LAUSD.

Grades 3-4

2710

6 Sat.

1:30-2:30 PM

Jan. 28-Mar. 10

NO CLASS ON 2/18

Brian King

Fee: \$59

Materials fee: \$11

YOUNG LEARNER'S WRITERS WORKSHOP

This class is designed to help your child in his or her reading, writing skills, comprehension and vocabulary. Homework will be given, which each child is expected to complete on a weekly basis. The class will be based on the Language Arts Standards which are used in the L.A. Unified School District. Class limit: 12 students.

Grades 3-4

2711

6 Fri.

4-5 PM

Jan. 27-Mar. 9

Brian King

Fee: \$59

Grades 5-6

2712

6 Fri.

5-6 PM

Jan. 27-Mar. 9

Brian King

Fee: \$59

NO CLASS ON 2/17

Materials fee: \$11

**Kids Tennis Classes are on p. 25; Kids Gymnastic Classes are on pages 26-28;
Kids Acting Classes are on P. 8**

COMPUTERS, SOFTWARE & INTERNET

BLOGGING FOR FUN AND PROFIT

Learn what a Blog is, where to find them, and how to get one for free. Find out how you can share your ideas, pictures and video with family, friends, organizations, and customers. Make money with your Blog by selling Google™ ads and other ways to profit if you have something to show or say to the world! Learn how to set up private Blogs for family and friends. For business owners, learn how to use Blogs to get and keep customers! This course is taught by Bob Cohen, a successful Internet Entrepreneur, who owned and operated his own Internet Company and has worked in the high-tech industry for over 35 years.

Bob Cohen

Fee: \$35

2713

1 Tue.

6:30-9:30 PM

Feb. 7

Handout fee: \$30 for a comprehensive manual with guidelines, procedures and resources.

MICROSOFT EXCEL 2003 (15 YRS - ADULTS)

This course covers the basic spreadsheet skills. Students will learn how to start Excel, create worksheets for a working business environment, get help, manipulate worksheets and files, and work with charts.

Prerequisite: Working knowledge of keyboard & Windows.

Jackie Heintz

Fee: \$135

2714

4 Thurs.

6-9:30 PM

Mar. 15-Apr. 5

Handout fee: \$14

COMPUTERS, SOFTWARE & INTERNET

INTRODUCTION TO PCs and WINDOWS XP (15 YRS - ADULTS)

Designed for the novice computer user. You'll receive practical advice and answers to many common questions and hands-on practice. This course includes an overview of computer software and hardware; will help you find your way around the operating system and running applications. Learn how to access the internet; how to send and receive e-mail, and how to manage your files. You will be introduced to basic Word processing and the basics of spreadsheets. **Prerequisite: Working knowledge of keyboard.**

Jackie Heintz

Fee: \$92

2718

2 Thurs.

6-9:30 PM

Feb 2 & 9 OR

2719

2 Thurs.

6-9:30 PM

Apr. 12 & 19

Handout fee: \$14

MICROSOFT OFFICE 2003 (15 YRS - ADULTS)

This workshop is designed to introduce you to Microsoft **Word**, **Excel**, **Access** and **PowerPoint**. **Word**: You will learn to create, edit, save, and print documents. **Excel**: Learn to create workbooks, enter and correct data, perform calculations using formulas and functions, learn navigation and movement techniques, insert columns and rows, move and copy data.

PowerPoint: Explore views, create slides with bullets, create graphical objects, insert pictures use **WordArt**, etc. **Access**: Learn to create a table, define the fields that make a table, enter and edit data on the table. You will create a basic query to extract data and generate a report from the table. **Prerequisite: Windows 98, 2000, ME, or XP and keyboard skills.**



Jackie Heintz

Fee: \$135

2722

4 Thurs.

6-9:30 PM

Feb. 16-Mar. 8 OR

2723

4 Thurs.

6-9:30 PM

Apr. 26-May 17

Handout fee: \$14

IMPROVING PC PERFORMANCE



Speed up your PC and keep it free of spyware, virus software files and applications that can slow it down. You will learn valuable tips and techniques to solve common PC problems and save you from long tech support calls or a PC upgrade that you do not need. This class teaches PC owners and users in easy to understand language for non-technical users how to clean out unneeded software, keep your PC free of infection, organize your PC so it finds data faster, customize your PC and determine if it's time to upgrade hardware. The course is taught by Bob Cohen, a 35 year veteran of the computer industry

and a "**Pinkerton Man**" who specializes in researching and developing ways to detect and prevent computer security problems.

Bob Cohen

Fee: \$35

2717

1 Thu.

6:30-9:30

Apr. 12

Handout fee: \$30 for a comprehensive manual with guidelines, procedures and resources.

HOW TO PROMOTE YOUR BUSINESS ON THE INTERNET

Generate more business, keep your customers coming back, and build a brand name for your small or home based business. Learn the tricks and techniques to successfully promote your business on the Web in this exciting course. Using the tools and techniques of successful Web marketers you'll learn how to:

- * Use Google® AdWords to drive traffic to your Web site
- * Build an effective "landing page" for promotions and offers

Continued on next page

COMPUTERS, SOFTWARE & INTERNET

Continued from page 19

- * Make a successful email newsletter and how to build one for pennies
- * Make the most of social networking tools like Facebook, MySpace, twitter, and blogging that can increase your sales

Bob Cohen

Fee: \$35

2720

1 Sat.

1-4 PM

Jan 28 OR

2721

1 Tue.

6:30-9:30 PM

May 1

Handout fee: \$30 for a comprehensive manual with guidelines, procedures and resources and a CD with useful software tools for developing your web promotion.

SOCIAL MEDIA (FOR SENIORS)



Have you ever wondered what all the fuss about Facebook is? In this workshop you will learn how to set up a Facebook profile and search for friends as well as how to have fun with different settings, how to post photos as well as links. We will also discuss Privacy settings and how to protect your information. If you have a smartphone, please bring it. *Although this class is intended for seniors any adult that wants to learn about social networking is welcome to*

attend!

Annette Basileo-Ivey

Fee: \$35

2724

1 Sat

10:00 AM - 12:30 PM

Mar. 10

I-PHONES, I-PADS AND I'M LOST!

Today's iPhone® and iPad® do so much more than simply make phone calls or send text messages. With either of these new devices you now have a computer, Web browser, eBook reader, personal organizer, and more — all in your hand! In this entertaining class, you will learn how to set up your iPhone® and/or iPad® for email, texting, WiFi networks, and Bluetooth and how to best sync with your computer using iTunes®. You also will discover how to take terrific photos and send them to friends, install apps, etc.

Bob Cohen

Fee: \$35

2715

1 Sat.

9:00 AM - 12:00 PM

Jan. 28 OR

2716

1 Tues.

6:30-9:30 PM

May 15

Handout fee payable to instructor (cash only): \$20 for a comprehensive manual with guidelines, procedures and resources.

EBAY 101

In today's economy we all need to think outside the box when it comes to income! This class will teach you how to take unwanted items from your home and turn them into cash. You'll learn how to set up an ebay account, how to list your items, search for items and much more.



Annette Basileo-Ivey

Fee: \$35

2888

1 Sat.

12:30 AM- 2:30 PM

Mar. 10

LEARN AT HOME

We also offer a wide range of computer classes on-line including Microsoft Word, Excel, Access, PowerPoint, Project and Publisher, Introduction to Quickbooks, Photoshop, Introduction to Linux and more! Check us out at www.ed2go.com/lavc

DANCE

BALLET/JAZZ DANCE COMBO (FOR 16 YRS - ADULTS)

We are offering a new exciting concept by combining our Ballet & Jazz dance classes. Half of the session will be devoted to classical ballet and the other half of the class will focus on jazz dances such as the Lindy, jazz walks and Chasse squares. Professional dancer Susan White opens up a whole new world of graceful movements and self-expression, which will enhance your self-image, and provide you with excellent low-impact exercise. Whatever your age or physical condition, fundamental ballet & jazz dance will enable you to develop poise, strength, stamina, and flexibility.



Tights, leotards, ballet shoes and dance shoes required. (This class is held in a non-climate controlled room-dress accordingly.) NO CLASS ON 2/18 AND 4/7

Susan White

Fee: \$66

# 2725	6 Sat.	9-10:30 AM	Jan. 28-Mar. 10 OR
# 2726	6 Sat.	9-10:30 AM	Mar. 17- Apr. 28

BALLROOM DANCE

Imagine being the image of confidence, grace and style on the dance floor! You will learn the latest styles and techniques of modern ballroom and Latin dancing, including the foxtrot, waltz, tango, swing, cha-cha, rumba and more. Come and enjoy the most artistic of social pastimes--you'll have fun, make new friends, and never have to refuse an invitation to dance again! Please wear soft-soled, low-heeled shoes. Jacqueline Eusanio holds an MS in Kinesiology/ Dance. She has performed professionally with several world renowned dance companies and has more than 30 years experience as a performer, teacher and choreographer. **Singles and couples welcome.** NO CLASS



ON 2/18

Jacqueline Eusanio

Fee: \$66 (Gold Card \$61)

# 2727	6 Sat.	4-5:30 PM	Feb. 4-Mar. 17 OR
# 2728	6 Sat.	4-5:30 PM	Apr. 14-May 19



LINE DANCE

If you want to learn Line Dancing or improve your technique, this is the class for you. Simple, slow to moderately paced line dances will be taught in a relaxed, pleasant atmosphere. Come have fun with us. **Three levels: Beginner through advanced. No partners required. Cowboy boots or good dancing shoes suggested - no sandals allowed. (This class is held in a non-climate controlled room-dress accordingly.) No Class on 2/19 and 4/8**

Sara Lopez

Fee: \$57

UltraBeginner

# 2731	6 Sun.	10:00 -11 AM	Jan. 22-Mar. 4 OR
# 2732	6 Sun.	10:00-11 AM	Mar. 11-Apr. 22
# 2733	6 Sun.	10:00-11 AM	Apr. 29-June 3

Beginner/Intermediate

# 2734	6 Sun.	11 AM -12 PM	Jan.22-Mar. 4 OR
# 2735	6 Sun.	11 AM -12 PM	Mar. 11-Apr. 22 OR
# 2736	6 Sun.	11 AM -12 PM	Apr. 29-June 3

Advanced

# 2737	6 Sun.	12 PM - 1 PM	Jan.22-Mar. 4 OR
# 2738	6 Sun.	12 PM - 1 PM	Mar. 11-Apr. 22 OR
# 2739	6 Sun.	12 PM - 1 PM	Apr. 29-June 3

DANCE

EAST COAST/WEST COAST SWING

Learn the best of both worlds! East Coast-single time and West Coast-syncopated timing. You'll learn basic beginning steps in both the East Coast and West Coast along with simple patterns to bring out the dancer in you. **No partner required.** (This class is held in a non-climate controlled room-dress accordingly.)



Linda Lees

2744

6 Wed.

7-8:30 PM

Feb. 29-Apr. 4 OR

Fee: \$66

2745

6 Wed.

7-8:30 PM

Apr. 18-May 23

FLAMENCO DANCE

Ole, viva Espana! Express your gypsy soul in this beautiful and captivating Flamenco dance from Spain. Beginning technique introduces you to exciting rhythms, footwork, graceful arm and hand movements and the art of hand-clapping called "palmas." You will develop beautiful posture, poise and confidence while you shape and tone your entire body. Ladies should wear a full or flared skirt and closed-toed shoes with a sturdy, low heel. Come release that fiery spirit within. Jacqueline Eusanio holds a M.S. in Kinesiology/Dance, has been performing professionally and teaching for 30 years. No class on 2/18

Jacqueline Eusanio

2740

6 Sat.

2:30 PM-4:00 PM

Feb. 4- May 17

Fee: \$88

BELLY DANCE (MIDDLE EASTERN-BEGINNING)

No dance has ever held a more powerful fascination than Middle Eastern Belly Dancing. You will develop grace, poise, and confidence while learning the most exotic and eloquent of all dances. Basic technique and choreography, rhythms, veil, and finger cymbals are all part of this exciting class. Getting in shape was never so much fun! Jacqueline Eusanio holds a M.S. in Kinesiology/Dance and has been performing professionally and teaching for 20 years.



Jacqueline Eusanio

2743

6 Sat.

2:30 PM- 4:00 PM

Apr. 14-May 19

Fee: \$66

Please note that you will need finger cymbals for this class. Please call us at 818-947-2577 for suggested type and retailers.

SALSA, MERENGUE, BACHATA



This is a great opportunity to learn basic steps in the exciting Latin rhythms of Merengue, Bachata and Salsa allowing you to experience and enjoy the tantalizing world of salsa dance. Class is appropriate for age 15 and up. **Partner not required.**

Linda Lees

2729

6 Sun.

2:30-4 PM

Feb. 26-Apr. 1 OR

Fee: \$57

2730

6 Sun.

2:30-4 PM

Apr. 15-May 20

RHYTHM AND BLUES LINE DANCE

A new twist on line dance. Learn line dance to rhythm and blues music. This class is a great way to have fun and get (or stay) in shape. No Class On 2/17 & 4/16

Michael Tyus and Joni Perry

2741

6 Fri.

6:30-7:30 PM

Jan. 27-Mar. 9 OR

Fee: \$57

2742

6 Fri.

6:30-7:30 PM

Mar. 16-Apr. 27

DANCE

TAP DANCE I & II COMBO CLASS (FOR 16 YRS-ADULTS)

Tap your way into new dance style and give your lower body a great workout. You will learn to perform all the basic steps including shuffles, flaps, (Maxie Ford, Buffalo, Waltz Clog, time steps) and ball changes as you learn the control of tap sounds, and interpret simple combinations to music. Develop confidence, coordination and poise. Please wear comfortable clothing and dance shoes. **Bring your tap shoes.** (This class is held in a non-climate controlled room-dress accordingly.) **No Class on 2/18 or 4/7**



Susan White

2746

6 Sat.

10:30 AM - 12 PM Jan 28-Mar. 10 OR

2747

6 Sat.

10:30 AM - 12 PM Mar. 17-Apr. 28

EXERCISE & FITNESS



TOTAL BODY WORKOUT AND STRETCH

This is a no-nonsense class designed to correctly flatten and strengthen the abdominal area plus other problem areas. A combination of dance and Yoga stretches and Pilates mat work are included to streamline the entire body. New innovative movements for both men and women create an enjoyable exercise session. The use of wrist and ankle weights is an additional option. (Bring a mat).

April Tatro is a certified personal trainer. Her background as a professional dancer and contortionist enhances her expertise in this field. She has been teaching for 35 years. **No Class on 2/18 and 4/7**

Beginning:

April Tatro

Fee: \$78

2778

8 Sat.

10-11 AM

Jan. 21-Mar. 17 OR

2779

8 Sat.

10-11 AM

Mar. 24-May 19

Intermediate-Advanced:

April Tatro

2780

8 Sat.

9-10 AM

Jan. 21-Mar. 17 OR

2781

8 Sat.

9-10 AM

Mar. 24-May 19



HATHA YOGA: BEGINNING & CONTINUING STRETCH-RELAX-MEDITATE

Learn how to let go of stress through yoga. This class has been enjoyed by our students for over 20 years! Come join us! **Be sure to bring a mat or towel.** **No Class on 2/18**

Karen Kadens

Fee: \$82 (Gold Card: \$77)

2755

8 Sat.

11 AM-12:30 PM

Jan. 21-Mar. 17 OR

2756

(\$62; Gold Card \$57)

6 Sat.

11 AM-12:30 PM

Apr. 14-May19

EXERCISE & FITNESS

KARATE

Challenge yourself to the purest form of karate- traditional Okinawan Shorin-Ryu Matsubayashi. Achieve excellence in physical and mental conditioning, improve self-confidence and self-discipline. Learn to defend yourself by mastering self-defense techniques. **Men and women 17 and up welcome.** Class days and times are tentative and subject to change depending on availability of facilities. **SPECIAL OFFER: 1/2 OFF FIRST MONTH FEE AND FREE UNIFORM FOR ALL NEW STUDENTS!**



Mark Weber

Fee: \$60/month. Payable 1st of month

Tues. & Thurs. 8-9 PM

# 2757	Jan.
# 2758	Feb.
# 2759	Mar.
# 2760	Apr.
# 2761	May

FENCING



Fencing taught at all levels from beginning through advanced. All three weapons taught: foil, epee, and saber. Please wear loose comfortable clothing and soft-soled shoes.

Ongoing, Tuesdays 8-9 PM

Fee: \$50 for booklet of 5 lessons

We also offer Open Recreation Fencing. See the listing under Open Recreation on page 38.

Call 818.947.2577 x. 4172 to purchase a pass. Or, purchase an open recreation pass on-line at <http://lavalley.augusoft.net>

GOLF (BEGINNING AND INTERMEDIATE) ADULTS

Get professional golf instruction from a PGA rated teacher. In this fun class we will cover the following topics:

1. Basic rules of golf and etiquette
2. Grip, stance, set-up and posture
3. Techniques on short game, chipping, pitching and putting



First beginner class is lecture only (do not bring clubs).

Golf equipment needed: pitching wedge, 7 Iron, 5 iron, 5 wood, putter, two dozen whiffle or plastic balls and tees.

The first five lessons of the Beginning Level Class will be held on campus; the last lesson will meet at a scheduled time at local driving range. Intermediate level - all three classes will meet at The Van Nuys Golf Center.

Beginning:

Robert O'Connor, PGA Rated Instructor

Fee: \$57

2753 6 Sat. 9-10 AM

Jan. 21- Mar. 3

Driving range fee payable to Van Nuys Golf Center (cash only): \$8

No Class on 2/18

Intermediate: (Meets at Local Driving Range)

Fee: \$57

2754 3 Sat. 8-9:30 AM

Mar. 24-Apr. 14

No Class on 4/7 Class on April 14 meets from 8-11 AM

Driving range fee payable to Van Nuys Golf Center (cash only): \$26

EXERCISE & FITNESS

TONE & STRETCH (WITH RESISTANT BANDS)

An intense class focusing on toning the upper and lower body. Resistant bands and your own body weight are used to sculpt the shoulders, arms, chest, hips and legs. You will increase lean body mass and develop compact muscle definition. This class is nonstop, non-impact, with special attention given to proper skeletal alignment, increasing flexibility and strengthening body connective tissue. Includes abdominal exercise, cool-down stretch and is a good all-encompassing body workout. May Fong currently has a thriving fitness profession as a nationally certified personal trainer with additional credentials in Yoga and Pilates. In addition holistic practitioners have utilized her skills as restorative therapy for recovering patients. **Resistance bands are needed- bring your own . Also bring an exercise mat or large towel & drinking water**

May Fong			Fee: \$50
# 2776	5 Mon.	6:30-7:30 PM	Feb. 27-Mar. 26 OR
# 2777	5 Mon.	6:30-7:30 PM	Apr. 9-May 7

TENNIS LESSONS

Levels:

BEGINNER: Very little or no previous experience in playing or lessons.

ADVANCED BEGINNER: Have had at least one or two sessions of lessons.

INTERMEDIATE: Dependable and accurate service placement: has some understanding of strategy in singles and doubles.

ADVANCED: Has high level of consistency and endurance.

Pre-register at the Community Services Office. EACH student must bring 2 unopened cans of tennis balls & racket. **Private lesson arrangements MUST be made in the Community Services Office.**

Raymond Finks, Tennis Pro

January 21-February 12 (4 lessons) OR
March 24-May 19 (8 Lessons)

Sat. – CHILDREN

# 2829	Beginning	4 Sat. Jan 21-Feb 11	12PM - 1 PM	Fee: \$35 OR
# 2763	Beginning	8 Sat. Mar. 24-May 19	12PM - 1 PM (No class 4/7)	Fee: \$69

Sat. – ADULT

# 2830	Beginning	4 Sat. Jan 21-Feb 11	11 AM -12 PM	Fee: \$35 OR
# 2765	Beginning	8 Sat. Mar. 24-May 19	11 AM -12 PM (No class 4/7)	Fee: \$69

# 2831	Adv. Begin.	4 Sat. Jan 21-Feb 11	9 AM -10 AM	Fee: \$35 OR
# 2767	Adv. Begin.	8 Sat. Mar. 24-May 19	9 AM -10 AM (No class 4/7)	Fee: \$69

# 2833	Intermediate	4 Sat. Jan 21-Feb 11	8 AM -9 AM	Fee: \$35 OR
# 2769	Intermediate	8 Sat. Mar. 24-May 19	8 AM -9 AM (No class 4/7)	Fee: \$69

Sun. – ADULT

# 2834	Adv. Begin.	4 Sun. Jan 22-Feb 12	10 AM -11 AM	Fee: \$35 OR
# 2771	Adv. Begin.	8 Sun. Mar. 25-May 20	10 AM -11 AM (No class 4/8)	Fee: \$69

# 2835	Intermediate	4 Sun. Jan 22-Feb 12	12 PM-1 PM	Fee: \$35 OR
# 2773	Intermediate	8 Sun. Mar. 25-May 20	12 PM-1 PM (No class 4/8)	Fee: \$69

# 2886	Advanced	4 Sun. Jan 22-Feb 12	11 AM-12 PM	Fee: \$35 OR
# 2775	Advanced	8 Sun. Mar. 25-May 20	11 AM-12 PM (No class 4/8)	Fee: \$69

**PRIVATE TENNIS LESSONS* ALSO AVAILABLE CALL 818-947-2577 X. 4172
TO BOOK A PRIVATE LESSON.**

* Minimum of 4 total hours required-Can be eight 1/2 hour lessons or four 1 hour.

GYMNASTICS

The Community Services Department at L.A. Valley College offers a variety of gymnastics programs for all ages and abilities. Classes emphasize physical fitness, motor development and kinesthetic awareness for our youngest students through competitive gymnastics skills for our advanced team members who represent our club program. Children 2 years of age must show proof of age and be toilet trained. Classes for 2 through 5 year olds are 40 minutes in length, 6 children in a group. Classes for 5.5-year olds through teens are 55 minutes in length, 8 children in a group. Students wishing to take lessons more than once a week can register in any combination of days which best meet their needs. Students are restricted to one class per day. Back to back classes are not permitted. **Parents of 2 year olds must stay with their children during lesson.** Students who enroll after the beginning of a session will be placed in groups as space permits. No one is permitted to use equipment or mats at any time, except during their assigned class period. Parents and/or spectators are not permitted to use equipment. Individual participants may be limited by the staff to specific activities and/or skills because of safety considerations. If your name is not on our attendance sheet, you must show your receipt to enter class. You may try out a class before enrolling.



LAVC Community Services Gymnastics was **voted Best Youth Gymnastics Program In The Valley** by readers of LA Parent 2011!

There are no make-up lessons for missed classes. Please see our refund policy on P. 4 **Parking on Campus requires a parking permit Monday through Friday (Permit may be purchased in Community Services Program Office during weekday business hours). Parking on Ethel Ave. is not permitted and will result in a citation. (NO ZIPPERS OR BUTTONS ALLOWED ON CLOTHING – FOR CHILDREN’S SAFETY) FIRST TIME REGISTRATION MUST BE DONE IN PERSON AT THE COMMUNITY SERVICES OFFICE. RENEWAL REGISTRATIONS (WITH A CREDIT CARD) MAY BE DONE BY PHONE (818.947.2577 X4172). FAX (818.947.2930) OR ON-LINE AT: [HTTP://LAVALLEY.AUGUSOFT.NET](http://LAVALLEY.AUGUSOFT.NET)**

WINTER 2012- GYMNASTICS CLINICS

Monday 9 Sessions Jan 9-Mar. 26 (No class on 1/16, 2/20 & 3/19)

# 2959	2 year olds	3:30-4:10 PM	Fee: \$95
# 2960	3-4 year olds	5:00-5:40 PM	Fee: \$95
# 2961	4-5 year olds	4:15-4:55 PM	Fee: \$95
# 2962	4-5 year olds (advanced)	5:45-6:25 PM	Fee: \$95
# 2963	5.5 year olds & older	3:30-4:25 PM	Fee: \$105
# 2964	5.5 year olds & older	4:30-5:25 PM	Fee: \$105
# 2965	5.5 year olds & older	5:30-6:25 PM	Fee: \$105

Wednesday Classes – 9 Sessions Jan. 11-Mar. 28 (No Class on 2/8, 3/7, 3/21)

# 2966	2 year olds	3:30-4:10 PM	Fee: \$95
# 2967	3-4 year olds	5:00-5:40 PM	Fee: \$95
# 2968	4-5 year olds	4:15-4:55 PM	Fee: \$95
# 2969	4-5 year olds (advanced)	5:45-6:25 PM	Fee: \$95
# 2970	5.5 year olds & older	3:30-4:25 PM	Fee: \$105
# 2971	5.5 year olds & older	4:30-5:25 PM	Fee: \$105
# 2972	5.5 year olds & older	5:30-6:25 PM	Fee: \$105

Saturday Classes- 9 Sessions - Jan. 21 - Mar. 31 (No Class on 2/18 & 3/24)

# 2973	2 year olds	9:30-10:10 AM	Fee: \$95
# 2974	3-4 year olds	11-11:40 AM	Fee: \$95
# 2975	4-5 year olds	10:15-10:55 AM	Fee: \$95
# 2976	4-5 year olds (advanced)	11:45 AM-12:30 PM	Fee: \$95
# 2977	5.5 year olds & older	9:30-10:25 PM	Fee: \$105
# 2978	5.5 year olds & older	10:30-11:25 PM	Fee: \$105
# 2979	5.5 year olds & older (advanced)	11:30-12:25 PM	Fee: \$105

GYMNASTICS

SPRING 2012- GYMNASTICS CLINICS

Monday 10 Sessions Apr. 9-June 18 (No class on 5/28)

# 2980	2 year olds	3:30-4:10 PM	Fee: \$105
# 2981	3-4 year olds	5:00-5:40 PM	Fee: \$105
# 2982	4-5 year olds	4:15-4:55 PM	Fee: \$105
# 2983	4-5 year olds (advanced)	5:45-6:25 PM	Fee: \$105
# 2984	5.5 year olds & older	3:30-4:25 PM	Fee: \$125
# 2985	5.5 year olds & older	4:30-5:25 PM	Fee: \$125
# 2986	5.5 year olds & older	5:30-6:25 PM	Fee: \$125

Wednesday Classes – 11 Sessions Apr. 11-June 20

# 2987	2 year olds	3:30-4:10 PM	Fee: \$115
# 2988	3-4 year olds	5:00-5:40 PM	Fee: \$115
# 2989	4-5 year olds	4:15-4:55 PM	Fee: \$115
# 2990	4-5 year olds (advanced)	5:45-6:25 PM	Fee: \$115
# 2991	5.5 year olds & older	3:30-4:25 PM	Fee: \$127
# 2992	5.5 year olds & older	4:30-5:25 PM	Fee: \$127
# 2993	5.5 year olds & older	5:30-6:25 PM	Fee: \$127

Saturday Classes- 10 Sessions - Apr. 14 -June 23 (No Class on 5/26)

# 2994	2 year olds	9:30-10:10 AM	Fee: \$105
# 2995	3-4 year olds	11-11:40 AM	Fee: \$105
# 2996	4-5 year olds	10:15-10:55 AM	Fee: \$105
# 2997	4-5 year olds (advanced)	11:45 AM-12:30 PM	Fee: \$105
# 2998	5.5 year olds & older	9:30-10:25 PM	Fee: \$125
# 2999	5.5 year olds & older	10:30-11:25 PM	Fee: \$125
# 3000	5.5 year olds & older (advanced)	11:30-12:25 PM	Fee: \$125

Call 818-947-2577 X. 4172 or go on line to <http://lavalley.augusoft.net> for class ID #'s for all gymnastics classes listed below

CHEER CLASS

Open to girls and boys, ages 5-14. Learn the basics of cheerleading without the pressure of competing! Students learn motion and jump technique, cheers, stunts, and a dance.

Thur. 6:00-7:00 PM Fees Due 1st of month

Staff

Fee: \$40/Mo.

GYMNASTICS – ADVANCED PRE TEAM & TEAM



Knowledge of gymnastics basics in all four events is required: Floor, Vault, Balance Beam, and Uneven Bars. **Will be asked to audition for instructor prior to acceptance.** This is a competitive program.

Team Program:

M-F 4-7 PM

Coach: Bambi Olesiuk & Staff

Fees:

Levels 4+ (3+ days): \$85/ Mo.

Levels 1-3 (2 days): \$75/Mo.

Fees Due 1st of month

GYMNASTICS – BEGINNER

Beginner gymnastics-ages 8 and up. No prior gymnastics experience necessary

Coach: Janella Smith

Fee: \$75/Mo.

Tu & Th 4:30-6PM

Coach: Tami Strachan

Fee: \$50/Mo.

Tu 4:30-6PM

Coach: Shawn Marsh

Fee: \$50/Mo.

Th 4:30-6PM

Fees Due 1st of month

Please call 818-947-2577 x. 4172 for a list of class ID's or go on line to:
<http://lavalley.augusoft.net> to register.

GYMNASTICS

GYMNASTICS – ADVANCED SKILLS (AGES 3-6)

Knowledge of gymnastics basics is required. **Will be asked to audition for instructor prior to acceptance** to this developmental program.

T or Th 3:30-4:30 PM

Coach: Bambi Olesiuk & Staff

Fee: \$50/Mo.

RHYTHMIC GYMNASTICS - 6 & UP

Beginning – Intermediate Rhythmic Gymnastics.

Tuesday 6-7 PM

Sonia Kriger

Fee: \$50/Mo.

Fees Due 1st of month

Call 818-947-2577 for class ID #'s

HIT (HIGH INTENSE TRAINING)

Knowledge of gymnastics basics is required. **Will be asked to audition for coach prior to acceptance.** This is a developmental program involving limited exhibitions. (Non-Competitive).

Girls 6-16 Years Old:

Fridays 6-7 PM

Shawn Marsh

Fee: \$40/Mo.

Teen Girls (11-14 Yrs) – Basic knowledge for cheer & tumbling is needed

Saturdays 5-6:30 PM

Shawn Marsh

Fee: \$50/Mo.

BEGINNING GYMNASTICS 4-16 YEAR OLD - BOYS

Shawn Marsh

MIGHTY BOYS 101 (Boys Ages 4-6) Sundays 1:15-2:15 PM

Fee: \$40/Mo.

MIGHTY BOYS (Boys Ages 6-10) Sundays 2:15-3:30 PM

Fee: \$50/Mo

YOUTH GYMNASTICS (Boys Ages 11-16) Sundays 3:30-5 PM

Fee: \$50/Mo.

ALL VALLEY CHEER TEAM

Open to boys and girls, ages 7-17. Cheerleaders apply their knowledge of the sport in a choreographed competition routine, complete with dance, stunts, tumbling, cheers, and jumps. Team will compete in various local competitions. **Uniform and competition entrance fees not included.**

Sat 1-2 PM

Staff

Fee: \$75 /Mo.

Fees For ALL Monthly Classes Are Due 1st of Month

ADULT GYMNASTICS CLASSES

BEGINNING GYMNASTICS CO-ED – ADULTS

Beginning gymnastics and tumbling with emphasis on Flexibility, Balance, Conditioning, and Strength. Athletes will learn to tumble and more. This class is fun! fun! fun!

Sun. 11 AM-1 PM

Coach: Shawn Marsh

Fee: \$48 for 4 lessons-Purchase punch card at the Gymnastics Center or Community Services Office or at the Gymnastic Center during class time.

ADVANCED GYMNASTICS CO-ED – ADULTS & TEENS

Knowledge of gymnastics basics is desirable. **Will be asked to audition for coach prior to acceptance.**

Adults & Teens Program:

Mon. &/or Thurs. 7-9 PM

Coach: Mike Washlake Fee: \$48 for 4 lessons-Purchase punch card at the Gymnastics Center or Community Services Office or at the Gymnastic Center during class time.

HEALTH & FIRST AID

EARTHQUAKE PREPAREDNESS

We don't know when the next big earthquake will hit, but we need to be ready now. In this class we will discuss what to do during and after an earthquake; preparation of your evacuation and communication plans; and how to assemble an emergency supply kit. Parents are welcome to bring their children age 12 and over. Being prepared reduces worry and panic, and saves lives.

(Registration fee is per adult. Materials fee is per household.)

Margaret Noji				Fee: \$35
# 2784	1 Sat.	10 AM - 2 PM	Mar. 31	
# 2785	1 Sat.	10 AM - 2 PM	June 2	

CPR/AED

CPR and AED training for the lay person to administer to adults, infants, (no AED on infants) and children. Course concludes with an exam. **For ages 18 and above.**

Margaret Noji				Fee: \$45
# 2782	1 Sat.	10 AM-3 PM	Feb. 4 OR	
# 2783	1 Sat.	10 AM-3 PM	Apr. 21	

Supply fee : \$20 (The book used for this class is the same for First Aid. Students who enroll in **both** First Aid and CPR only need to purchase one book.) **If you pass the exam and wish to have a certificate (to be mailed later), the cost is \$18.00** payable to the instructor at class.

FIRST AID

Emergency first aid training for the lay person to administer to adults, infants and children as recommended by the American Red Cross. Prepares individuals to help themselves and others in a health emergency. Course concludes with an exam. **For ages 18 and above.**



Margaret Noji				Fee: \$40
# 2786	1 Sat.	10 AM-1 PM	Feb. 11 OR	
# 2787	1 Sat.	10 AM-1 PM	Apr. 28	

Supply fee: \$20 (The book used for this class is the same for CPR/AED. Students who enroll in **both** First Aid and CPR only need to purchase one book.) **If you pass the exam and wish to have a certificate (to be mailed later), the cost is \$18.00** payable to the instructor at class.

FIRST AID AND CPR/AED (COMBO CLASS)

This class **includes both CPR and first aid**. If you need or want certifications in both CPR and First Aid, you should enroll in this class. It is less expensive than taking the classes separately! **For ages 18 and above.**

Margaret Noji				Fee: \$85
# 2790	2 Sat.	10 AM-3 PM	Feb. 4 & 11 OR	
# 2791	2 Sat.	10 AM-3 PM	Apr. 21 & 28	

(Class on second Saturday ends at 1:00 PM) **Supply fee**: \$28 (Includes book and materials. The book used for this class is the same for CPR/AED. Students who enroll in **both** First Aid and CPR only need to purchase one book.) **If you pass the exam and wish to have a certificate (to be mailed later), the cost is \$18.00** payable to the instructor at class.

LEARN TO MEDITATE

Reduce stress! Relax! Increase Mental Clarity! Experience inner peace! Meditation is one of the most natural and rewarding activities people can do. In this fun, relaxing class you will receive step-by-step guidance from an experienced meditator. At the end of the six sessions you will have the tools you need to increase your ability to relax and feel greater inner peace. No class on 2/20



Paul Fettler

Fee \$80

# 2788	6 Mon.	7-9 PM	Jan. 23-Mar. 5 OR
# 2789	6 Mon.	7-9 PM	Apr. 2-May 7

LANGUAGES

CONVERSATIONAL SPANISH (BEGINNER LEVEL)

Students will learn basic conversational Spanish. Are you interested in learning another language or are you planning to travel to a Spanish speaking country? This is a fun and relaxed way to learn. Emphasis is on the basic pronunciation, expressions and grammar needed for conversation abroad or in the U.S. Don Grigware has 30 years experience teaching Spanish. No book required.

Bienvenido

Don Grigware **Fee: \$90**
2797 6 Tues. 6:30-8:30 PM Feb. 14 - Mar. 20
Supply/Handout fee: \$25

BEGINNING FRENCH

Students will learn basic conversational French and work on individual pronunciation, vocabulary, idiomatic expressions, and colloquialisms. Students will also gain insight into the French culture, and valuable tips for travelers. NO CLASS ON 2/18

Martha Markosyan **Fee: \$90**
2798 6 Sat. 2:00-4:00 PM Jan. 28-Mar. 10
Supply/Handout Fee: \$5.

ITALIAN FOR TRAVELERS



This class focuses on basic conversational Italian. This is a great beginning class for anyone wanting to learn Italian and about the Italian culture. It is geared towards those who will be travelling to Italy so that they can carry on a basic conversation in locations such as banks, airports, restaurants and hotels.

Students will learn basic sentence structure and proper pronunciation.

Giuseepe Mannara **Fee: \$135**
No Class on 10/8
2796 6 Tue. 6-9 PM Jan 31-Mar. 6
Supply/Handout Fee: \$10

MUSIC

HEALTHY HARMONICA

Breathing is our foundation when playing harmonica and for healthy, vibrant living. We will take the simplest of pop, folk and blues rhythms and melodies and invigorate them with simple but powerful breathing techniques to make any song deeply expressive! No previous musical ability is required – only a desire to have fun and feel more healthy and alive! You MUST bring 10-hole C-major diatonic harmonica to class. The instructor will have this kind of harmonica available for you. If you bring the wrong harmonica or do not bring a harmonica you will be provided with the harmonica and billed by us for the cost (approximately \$11.00). **Supply/Handout fee: \$15**

Dave Broida **Fee: \$29**
2814 1 Mon. 6-7:30 PM Mar. 5

BLUES HARMONICA

Beginning Blues Harmonica will get you jammin the blues immediately! Our emphasis will be on playing and having fun as you are introduced to many of the tricks and techniques to make the harmonica training is required – only a love of the blues and the desire to play the harmonica! You MUST bring 10-hole C-major diatonic harmonica to class (see note in above class listing for more information). **Supply/Handout fee: \$15**

Dave Broida **Fee: \$35**
2809 1 Mon. 7:45-9:45 PM Mar. 5

MUSIC

MUSIC MADE EASY (ON-LINE!)

If you enjoy music and would like to know more about what makes it work, this is the course for you. You'll gain a complete understanding of rhythm, melody, and harmony, and you'll be able to recognize pitches on the musical staff and on the keyboard.. By the time you complete this comprehensive and full-featured course, you'll be able to read, write, and even play simple musical pieces on a keyboard.

To register for this class or get more information visit www.ed2go.com/lavc

GUITAR/BEGINNING (14 YRS-ADULTS)

Introduction to the guitar for the complete beginner. Focus on the practical approach to modern guitar, hand positions and posture along with the guitar chord system, the basic chord progressions, and the first major scale pattern. We will also cover the ABC's of strumming techniques and music notation. **Tape recorders are welcome. Class size limited.** Students **must bring their own Guitar** and small amplifier if bringing an electric guitar. **No Class on 2/18**

Giovanni Lombardi

Fee: \$60

2810 6 Sat. 11 AM-12 PM

Jan. 28-Mar. 10 OR

2812 6 Sat. 11 AM-12 PM

Apr. 14-May 19

Supply/Handout fee: \$5

GUITAR/INTERMEDIATE (14 YRS-ADULTS)

This class is for students that have already taken the beginning class or that have a certain understanding of the guitar chord system, basic strumming patterns and music notation. We will master the five Major Pentatonic and Blues patterns and expand our knowledge of the Guitar fret board and then shift our focus on the seventh chord patterns. The application of the above material will enable us to learn and perform some popular tunes.



Prerequisite - Beginning Guitar. Tape recorders are welcome. Class size limited. Students **must bring their own Guitar** and small amplifier

if bringing an electric guitar. **No Class on 2/18**

Giovanni Lombardi

Fee: \$60

2811 6 Sat. 12 AM-1 PM

Jan. 28-Mar. 10 OR

2813 6 Sat. 12 AM-1 PM

Apr. 14-May 19

Supply/Handout fee: \$5

LEARN TO PLAY GUITAR -- OVERNIGHT

Have you ever sat around fantasizing you could play the guitar like Jimi Hendrix or Eddie Van Halen? Or maybe Joni Mitchell or Django Reinhardt is more your style? Whatever your musical tastes, it's easier than you think -- even if you've never played before!

Guitarist Richard Rossi, composer of over 1000 songs will have you playing by the end of this two-day class with his revolutionary learning system, "From Zero to Playing Overnight". Whether you're a beginner or need to dramatically improve your technique, Richard will let you in on the easy to learn secrets used by guitar legends. You'll master: scale patterns, chords, sight reading, arpeggios, composition, song writing licks and phrases of the greats. Please bring your own guitar to class; if you have an electric guitar, please bring a small amplifier. Also bring pen/pencil & notebook.

Richard Rossi

Fee: \$59

2815 2 Tues. 6:30-9:30 PM

Jan. 24 & 31 OR

2816 2 Tues. 6:30-9:30 PM

Apr. 3 & 10

ONLINE CLASSES

The Community Services Department is pleased to offer these **online** career training programs in partnership with Gatlin Education Services. Gatlin Education Services (GES) is the world's largest provider of web-based, instructor supported training programs to colleges and universities nationwide. Their open-enrollment programs (students can register at any time) are designed to provide the skills necessary to acquire professional caliber positions for many in-demand occupations. GES build their programs with a team of professionals from each respective field who work with an existing textbook or base of material to provide the most effective online learning experience. Instructors are actively involved in the student's online learning experience. They respond to any questions or concerns as well as encourage and motivate the students to succeed. Each program has a set of lessons and tests; student's grades are calculated using a combination of computer-graded tests and the instructor's evaluation of the student's work. Students love the quality as well as the convenience of anytime, anywhere learning. **Certificate of completion provided after successful completion of each of these training programs. Most of the entry level courses are designed to be completed in 90-180 days.** <http://www.gatlineducation.com/lavcComEd/>



ADMINISTRATIVE MEDICAL SPECIALIST WITH MEDICAL BILLING & CODING

Students learn medical billing and coding from the comfort of their own homes with this **online**, instructor-led program. Upon successful completion of this course, students will be prepared for an entry-level position doing medical billing or coding in a medical office setting and will be prepared to sit for the Certified Coding Associate (CCA) national certification exam. All materials are included.

Hours: 300

Gatlin Education Services Fee: \$1995



MEDICAL TRANSCRIPTION

This **online**, instructor-led program will prepare you to start a new career as a Medical Transcriptionist. A medical terminology course is included at no extra cost! Transcriber and all materials included.

Hours: 240

Gatlin Education Services Fee: \$1595



MEDICAL BILLING & CODING

Students can learn medical billing and coding from the comfort of their own homes with this **online**, instructor-facilitated program. Students are prepared for an entry-level position doing medical billing and/or coding in a medical office setting and are prepared to sit for the Certified Coding Associate (CCA) national certification exam. All materials included.

Hours: 240

Gatlin Education Services Fee: \$1595

PHARMACY TECHNICIAN

This **online** program will teach the skills needed to gain employment as a Pharmacy Technician in either the hospital or retail setting. The objective of the Pharmacy Technician Program is to provide graduates with the skills and knowledge that will enable them to qualify for entry-level positions in pharmacies as well as prepare for national certification. This online program pairs students with an instructor for one-on-one assistance and includes a forty-hour externship. All materials included.

Hours: 240

Gatlin Education Services Fee: \$1995

ONLINE CLASSES

HOSPITALITY & CASINO MANAGEMENT PROGRAM

This **online** course is intended to prepare students to work in the rapidly expanding field of Tribal Government Gaming Enterprises. This term includes all aspects of the casino operations and departments. Combining general business and management courses with casino-specific skill level and management courses, students will be prepared for an entry level position or advancement within the industry. In addition to acquiring general business and management skills, students will become familiar with the hospitality environment, and will understand the basic regulatory issues, including the terminology and implications for game protection. This program will prepare graduates to develop and lead world class hospitality services and value-added customer partnerships.

Hours: 200

Gatlin Education Services

Fee: \$2495



FREIGHT BROKER/AGENT TRAINING

Freight broker professionals are in demand. No matter the state of the economy, goods will always need to be shipped. A motivated and disciplined freight broker or freight agent, with the proper training, can build up his/her business into a six figure earning potential. An ideal home business for a self-starter who enjoys fast-paced work.

Become a part of the exciting trucking, freight logistics, and transportation industries as a licensed freight broker, or as a freight broker agent. Students in this **online** class will learn the “how-to’s” of building up a freight brokerage or agency. From licensing to operations, to sales and marketing, students learn the basics of how to run a freight brokerage or agency. This course arms graduates with the information needed to succeed in the freight brokerage business, and can help lead to a rewarding career in this field.

Hours: 150

Gatlin Education Services

Fee: \$1695



INTERIOR DESIGN

This nationally recognized Interior Design **online** course is an exciting interactive certificate program where you will learn how to create spaces for living, working, and enjoyment. The program focuses on Design Theory, Design Process methods and Design Studio Work. The learning sequence study included are the design elements and principles, color theory, programming, space planning and the design of residential, commercial, and retail spaces.

The online learning method is “learner centered” so students can set the pace, sequencing and style of learning according to what works best for them. The environment is stimulating and interactive. Communication and design software is used extensively in design practice today. The online delivery of the Interior Design program mimics a real-world professional design experience. The modules incorporate communication and delivery of concepts via the same electronic mediums used by professionals. This program will prepare design students for entry level employment in the booming design industry.

Hours: 350

Gatlin Education Services

Fee: \$2295

VIDEO GAME DESIGN AND DEVELOPMENT

This nationally recognized Video Game Design and Development **online** course and training program is an appropriate starting point for students who seek a professional career as a video game designer and developer. It is also well-suited for enthusiastic amateurs and gamers looking to explore this exciting field as a recreational endeavor. This online certificate program is only offered in partnership with major accredited colleges and universities.

Hours: 350

Gatlin Education Services

Fee: \$1995

ONLINE CLASSES

CALIFORNIA CHARTERED TAX PROFESSIONAL

With this innovative nationally recognized online California Chartered Tax Professional Certificate Program, students can become qualified as California Tax Preparers through the California Tax Education Council (CTEC), and start working and earning money while completing coursework. The CTP® certificate program is comprised of 6 courses in Federal Income Tax Preparation, plus a California supplement. After successfully completing the first two Federal courses and the California lessons in the CTP® certificate program, you will be qualified to prepare individual tax returns for almost all U. S. and California taxpayers. This online certificate program is only offered in partnership with major accredited colleges and universities.

Hours: 200

Gatlin Education Services

Fee: \$1895

We also offer the following online courses and more. Look for full listing and descriptions at our website - <http://www.gatlineducation.com/lavcComEd//>

Administrative Dental Assistant
Hours: 150, Fee: \$1595

Home Inspector
Hours: 200, Fee: \$2095

**Alternative Dispute Resolution
CERTIFICATE - Hrs: 180, Fee: \$4195**

**Human Resources For Healthcare
Professionals Hours: 80, Fee: \$1995**

Auto CAD 2009
Hours: 150, Fee: \$1995

7 Steps to Leading High Achieving Teams
Hours: 200 Fee: \$1995

Business Marketing Design
Hours: 240, Fee: \$5595

Multimedia Design
Hours: 225; Fee: \$5595

Casino Black Jack Dealer
Hours: 100, Fee: \$1395

Pay Per Click Marketing
Hours: 150; Fee: \$1395

Casino Poker Dealer
Hours: 100, Fee: \$1395

Payroll Practice & Management
Hours: 80, Fee \$1595

Certified National Pharmaceutical Rep.
Hours: 120, Fee: \$1595

Personal Fitness Trainer
Hours: 150 Fee: \$2095

Chartered Tax Professional
Hours: 180 Fee: \$1795

Purchasing Management
Hours: 300 Fee: \$2095

CISCO CCNA Certification Training Hours:
100, \$1995

Search Engine Marketing
Hours: 250 Fee: \$1795

CORE Mediation Certificate
Hours: 60, Fee: \$1595

Search Engine Optimization
Hours: 150, Fee: \$1395

Digital Arts Certificate
Hours: 225, Fee: \$5595

Travel Agent Training
Hours: 200, Fee: \$1595

Fine Arts Training
Hours: 200; Fee: \$4495

Veterinary Assistant
Hours: 240, Fee: \$1795

Graphic Design
Hours: 80, Fee: \$1495

ONLINE CLASSES

These Ed2Go online courses are informative, fun, convenient, and highly interactive. All can be taken from the convenience of your home or office. Several new courses launch every month! Most courses run for six weeks. Courses include lessons, quizzes, hands-on assignments, discussion areas and more. Visit <http://www.ed2go.com/lavc> to learn more. **Fees for online classes begin at \$97.**

START DATES:

A new section of every course in this catalog will begin on the following dates: **Jan. 18, Feb. 15, Mar. 21, Apr. 18 & May 16**

Courses may have additional requirements. Please visit our Online Instruction Center at www.ed2go.com/lavc for more information.

Requirements:

All courses require Internet access, e-mail, the Netscape Navigator, or the Microsoft Internet Explorer. Some courses may have additional requirements. Please visit our Online Instruction Center for more information.

BUSINESS & CAREER CLASSES

- * Accounting Fundamentals
- * Accounting Professional
- * Administrative Assistant
- * Building Teams that Work
- * Business Management
- * Caring for Children
- * Catering
- * Customer Service
- * Business Writing
- * Fundamentals of Supervision and Management
- * Get Paid to Travel
- * Introduction to Criminal Law
- * Introduction to Networking
- * Legal Nurse Consulting
- * Optical Assistant
- * PC Troubleshooting

MORE BUSINESS CLASSES

- * PC Security
- * Peachtree Accounting
- * Professional Sales Skills
- * Principles of Sales Management
- * Start Your Own Business
- * Technical Writing
- * Veterinary Assistant
- * High Speed Project Management Fundamentals
- * Business Fundamentals
- * Total Quality Fundamentals
- * Introduction to Business Analysis
- * Making the Connection: Managing Nonprofit and Technology
- * Creating a Successful Business Plan
- * Employment Law Fundamentals
- * Learn to Buy and Sell on eBay
- * Stocks Bonds, and Investing: Oh My!
- * Develop Recruiting Techniques
- * Marketing Your Business on the Internet
- * E-commerce
- * Secrets of the Caterer
- * Real Estate Investing
- * Wow, What a Great Event!
- * Publish It Yourself: How to Start and Operate Your Own Publishing Business
- * Hire Smart
- * Start Your Own Consulting Practice
- * Start and Operate Your Own Home-Based Business
- * Creating a Successful Business Plan
- * Workers' Compensation

TEST PREP (\$97-\$149)

- * Comp Tia Security+ Cert Prep
- * Comp Tia Network+ Cert Prep
- * GED Preparation
- * Grammar Refresher
- * Improve Your Test Taking Skills
- * Microsoft Windows Cert Prep
- * PMP Cert Prep1
- * Prepare for the GED
- * Language Arts, Writing Test
- * Prepare for the GED Math Test
- * SAT/ACT Preparation
- * GMAT Preparation
- * GRE Preparation
- * LSAT Preparation

NEW - CAREER DEVELOPMENT - \$189

- * Confidentiality of Health Information
- * Intro to Biology
- * Intro to Business
- * Managerial Accounting
- * Math for Business and Finance
- * Medical Information Management and Office Practice
- * Medical Mathematics
- * Principles of Marketing

PERSONAL ENRICHMENT

- * Get Assertive!
- * Good-bye to Shy
- * Get Funny!
- * Achieving Success with Difficult People
- * The Magic of Hypnosis
- * Keys to Effective Communication
- * Handling Medical Emergencies

ONLINE CLASSES

DIGITAL PHOTOGRAPHY

- * Discover Digital Photography
- * Photoshop Elements for the Digital Photographer
- * Making Movies with Windows XP
- * Travel Photography

ENTERTAINMENT

- * Marketing Tools for Actors
- * Your Screenwriting Career
- * Music Made Easy

LANGUAGES

- * Speed Spanish
- * French
- * Italian
- * Beginning Braille Transcription
- * Grammar for ESL
- * Writing for ESL

HISTORY, ART, MATH & MORE

- * Drawing for the Absolute Beginner
- * Enjoying European Art
- * Great Themes in Philosophy
- * Everyday Math
- * Introduction to Algebra
- * Speed Reading

LAW & LEGAL

- * Introduction to Criminal Law
- * Evidence Law
- * Winning Strategy for the Courtroom
- * Constitutional Law: Bill of Rights
- * Legal Nurse Consulting
- * Employment Law Fundamentals
- * Workers' Compensation
- * LSAT Preparation
- * Learn about Law School
- * Improve Your Test Taking Skills

PERSONAL FINANCE

- * Real Estate Investing
- * Financing Your Property
- * Debt Elimination Techniques That Work
- * Listen to Your Heart, and Success Will Follow
- * Personal Finance
- * The Analysis and Valuation of Stocks
- * Introduction to Stock Options
- * Building Wealth

HEALTH CARE

- * Medical Office Assistant
- * Medical Coding
- * Medical Terminology
- * Optical Assistant
- * Human Anatomy and Physiology
- * Physical Therapy Aide

TEACHING

- * Ready, Set, Read!
- * Solving Classroom Discipline Problems
- * Big Ideas in Little Books
- * Correcting Oral and Written Errors
- * The Classroom Computer
- * Using the Internet in the Classroom
- * The Creative Classroom
- * Integrating Technology in K-5 Classroom
- * Teaching Students with Autism -Strategies for Success
- * Teaching Writing Grades 4-6

WEB DESIGN

- * Introduction to FreeHand MX
- * Creating Web Pages
- * Introduction to Dreamweaver
- * Designing Effective Websites
- * Achieving Top Search Engine Positions
- * Introduction to Flash

COMPUTER APPLICATIONS

- * Keyboarding
- * Introduction to the Internet
- * Microsoft Word
- * Microsoft Access
- * Microsoft Excel
- * Microsoft PowerPoint
- * Microsoft Publisher
- * Intro to QuickBooks
- * Performing Payroll in QuickBooks
- * Introduction to Photoshop
- * Introduction to Microsoft Project
- * Introduction to Linux
- * Introduction to Oracle Vista

WEB PROGRAMING

- * Intro to Macromedia Director
- * Intro to PHP and MySQL
- * Java for the Absolute Beginner
- * Introduction to JSP Programming
- * High-Speed Project Mgmt.

WRITING

- * Creativity Training for Writers
- * Craft of Magazine Writing
- * Internet Writing
- * Mystery Writing
- * The Keys to Effective Editing
- * Beginner's Guide to Getting Published
- * Your Screenwriting Career
- * Write Fiction Like a Pro
- * Research Methods for Writers
- * Grant Writing



OPEN RECREATION ACTIVITIES



Open recreation activities are open to the community. Days and times are **subject to change due to location availability**. There is no instruction for Open Recreation activities.

All Open Recreation activities fees are \$5.00 per visit
SAVE MONEY-BUY A PASS! 10 visits to any Open
Recreation activity for \$35.00!

Discount passes are available at the Community Services Office (818) 947-2577, Ext. 4172 by phone with a credit card, by mail or online at: <http://lavalley.augusoft.net>

OPEN RECREATION SCHEDULE

DAY	TIME	PROGRAM	LOCATION
Monday	7:30-10:30 PM	Royal Scottish Dance	Field House
Tuesday	7-10 PM	Gymnastics	Gymnastics Center
Tuesday	9-10 PM	Fencing	Field House
Wednesday	6-9 PM	Basketball	South Gym
Thursday	8-11 PM	Volleyball	North Gym
Thursday	9-11 PM	Juggling	Gymnastics Center
Friday	7-10 PM	Gymnastics	Gymnastics Center
Friday	7-11 PM	Badminton	North Gym
Saturday	6-9 PM	Basketball	North Gym
Sunday	2-5 PM	Advanced Badminton	North Gym

SAVE MONEY- BUY A PASS! 10 VISITS TO ANY
OPEN RECREATION ACTIVITY FOR \$35.00!



PERSONAL ENRICHMENT

LOOK WHO'S UNDER THE HOOD

Can you tell a master cylinder from a power steering pump? What is anti freeze anyway? Want to know how to add brake fluid? The workshop will be conducted by Karen Valenti at her Auto Repair shop in North Hollywood. You'll learn to change a tire, have a hands-on session under the hood and learn basic vocabulary in order to communicate clearly with your mechanic. **Space is limited. Students should bring drinking water and a hat to block the sun. Classes are held outdoors at an off campus site.**



Karen Valenti

Fee: \$37

# 2805	1 Sun.	9 AM-12 PM	Jan. 15 OR
# 2806	1 Sun.	9 AM-12 PM	Mar. 18 OR
# 2807	1 Sun.	9 AM-12 PM	Apr. 15 OR
# 2808	1 Sun.	9 AM-12 PM	May 20

DOG OBEDIENCE

Training method is gentle, using praise and collar for corrections. Dogs 4 months of age and older are welcome. "Come," "Sit," "Stay," "Down," – the basics of canine obedience; the trained dog can be expected to follow these commands and others on and off a leash. Learn to communicate a request to your dog. Only the registered student may participate in the class. Taught by the owners of San Mar Dog Obedience School. First meeting is lecture; do not bring your dog. **TRAINER MUST BE AT LEAST 12 YEARS OLD. No Class on 2/18 and 4/7**



Bill Maze, San Mar Dog Obedience

Fee \$79

# 2801	8 Sat	12-1:30 PM	Jan. 21-Mar. 17 OR
7# 2802	8 Sat	12-1:30 PM	Mar. 24-May 19

Supply Fee: \$7

INTERIOR DESIGN BASICS

This Interior Design course will introduce you to specialized field where you will learn real skills from a design professional. The lessons learned will help inspire you to approach the subject of design with much enthusiasm and passion. Whatever your background, this course will encourage your individual creativity and help you to explore new ideas and open up new horizons. This six-week course provides an initial study and overview of the process of designing and decorating your home or office. Topics include analysis of stylistic consideration, general space planning, furniture layout, color ideas, storage consideration and lighting. Through a range of media, materials and creative process you will gain awareness of the design process and the importance of design issues.

Annette Sarkisian

Fee: \$135

# 2803	6 Tues.	7-9 PM	Jan. 24-Feb. 28 OR
# 2804	6 Tues.	7-9 PM	Mar. 6-April 10

BE AN EARLY BIRD! EARLY REGISTRATION DISCOUNT

Enroll in any class or classes by January 13 and receive a \$5.00 (five dollar) discount off each class! The more classes you enroll in before January 13th, the more money you will save! **(Not valid on gymnastics, karate, fencing, private tennis lessons, online and swimming classes, camp programs or trips & tours).**

PERSONAL FINANCE & INVESTING

HOME BUYING 101

Buying a home today is trickier (but also more rewarding) than any time in recent memory. This three hour workshop will teach you everything you need to know about the home buying process including:

How to buy a short sale or a foreclosure; The right type of housing for you; What it takes to qualify for a mortgage in today's difficult lending market; Why now is an incredible opportunity to become a homeowner; Down payment assistance programs; Tax credits, etc.; How to buy below market and start building wealth



Einat Sadot/Ray Calnan

Fee: \$35

2817

1 Tue.

6:30-9:30 PM

Jan. 24 OR

2818

1 Tue.

6:30-9:30 PM

Mar. 13

WEALTH THROUGH REAL ESTATE



Have you dreamed of becoming a real estate mogul? This workshop will explain everything you need to know to make your dream a reality including:

-Why real estate investment is a wealth-building tool-How to take advantage of today's incredible opportunities from short sales to foreclosures and tax sales-How to calculate cash flow and figure out which property is a money maker-How to manage your real estate investments-Other financing opportunities that exist in this market-What tax advantages are available for real estate investors.

Einat Sadot/Ray Calnan

Fee: \$35

2827

1 Thu.

6:30-9:30 PM

Feb. 16 OR

2828

1 Thu.

6:30-9:30 PM

Apr. 19

INVESTMENT BOOTCAMP

Do you believe that your biggest barrier to successful investing is your lack of knowledge? This information packed workshop is a practical way for you to build an understanding of investments and therefore become a more informed investor. We will analyze real-life cases so that you can learn the mechanics and potential returns of stocks, bonds, mutual funds, tax-deferred annuities, gold and real estate. Once you know how to evaluate and judge these investments, you can apply what you've learned to build your own financial security and freedom. This class is a must if you invest or are thinking of investing in an IRA, tax-deferred annuity, gold, stocks, bonds or mutual funds!



Note: Students enrolling in financial classes are responsible for making their own financial decisions.

Jalon O'Connell

Fee: \$37

2819

1 Wed.

6:30-9:30 PM

Feb. 8 OR

2820

1 Sat.

9:30 AM -12:30 PM

Apr. 14

MASTER YOUR INVESTMENTS

Learn how to invest more intelligently and profitably so that you may secure your financial future! Here's a sampling of what you'll learn in this informative class:

- How to evaluate which investments may be suitable for you
- Asset allocation using stocks, bonds and mutual funds

continued on next page

PERSONAL FINANCE & INVESTING

Master Your Investments continued from previous page

- How to create diversification using investments like REIT's, gold and commodities
- How to maximize your investment income without unnecessary risk
- Learn how to protect your retirement income needs
- Advantageous use of tax laws

Note: Students enrolling in financial classes are responsible for making their own financial decisions.

Jalon O'Connell

Fee: \$45

# 2821	2 Tue.	6:30-9:30 PM	Mar. 6 & 13
# 2822	2 Tue.	6:30-9:30 PM	May 15 & 22

RETIREMENT PLANNING TODAY

Due to recent and ongoing tax law changes, an uncertain future for Social Security and the shift toward employee-directed retirement plans, the need for sound financial strategies has never been greater. In straightforward language this class will explain time-tested strategies that help you make informed financial decisions. Whether your objective is to build a nest egg, protect your assets or preserve your lifestyle throughout retirement this course helps you plan your future with confidence.



Peter Han is a Registered Representative and Investment Advisor Representative with First Allied Securities, Inc., Member FINRA/SIPC

Note: Students enrolling in financial classes are responsible for making their own financial decisions.

Peter Han

Fee: \$59

(Spouse registers for free!)

Supply Fee: \$10.00

# 2823	2 Wed.	6:30-9:30 PM	Feb 8 & 15 OR
# 2825	2 Sat.	9:30 AM-12:30 PM	June 2 & 9 OR
# 2826	2 Tue.	6:30-9:30 PM	June 5 & 12

SWIMMING & AQUATICS

Swim Lesson Registration Procedure

-Swim lessons are not confirmed until payment is received. You may book a swim lesson at the Community Services Office M-F 8 am-3 pm or at the pool M-F 3:30-9PM and weekends 10 am - 1 pm

-We will do our best to honor requests for instructors but cannot guarantee this.

-If you miss a class, there will be no make-up scheduled. If the Community Services Office cancels a class due to inclement weather*, instructor's schedule, etc. we will provide a make up class at a mutually agreeable date and time.

-Participants in current month swim lessons have priority registration over all others. Priority registration for the next month begins on the 1st day of the current month and continues until the 3rd Wednesday of the month.

-Please read our refund policy on Page 4. *All classes will be held rain or shine; except in cases of thunderstorms or if it is raining so hard that lifeguards cannot see the bottom of the pool. Call 818-778-5644 approximately 30 minutes prior to class to see if a class has been cancelled.

Please Note: Parking on Ethel Avenue without a staff parking permit is illegal and may result in a parking citation.

SWIMMING & AQUATICS

PRIVATE SWIM LESSONS

25 minute one-on-one instruction once a week. \$100-\$125 per month depending on amount of weeks in month. Children must be 5 years old and toilet trained. Call Community Services (818.947.2577 extension 4172) for times or to schedule a lesson. Lessons are available every half hour Monday through Friday from 3 PM - 6:30 PM and Saturday & Sunday from 10:00 a.m. - 12:30 p.m.

-Swim lessons are not confirmed until payment is received.

-If you miss a class, there will be no make up scheduled. If the Community Services Office cancels a class due to inclement weather, instructor's schedule, etc., we will provide a make up class at a mutually agreeable date and time.

-Participants in current month private swim lessons have priority registration over all others. Priority registration for the next month begins on the 1st day of the current month and continues until the 3rd Friday of that month.

-Fees for monthly classes are due the last week of the prior month.

Call 818-947-2577 x 0 or go on-line to <http://lavalley.augusoft.net> for class ID numbers for all monthly classes listed below.

ADULT LAP SWIM (18 and up)

Mon.-Fri. 6 PM-9 PM
Sat. 10 AM-1 PM
Sun. 10 AM-1 PM

Fee: \$35 for 10 Visits, or \$60 for 30 Visits.

Passes may be purchased at the pool, on-line at <http://lavalley.augusoft.net>, by mail, phone, fax or in person at the Community Services Office. Call 818.947.2577 x 4172 or 818.778.5644

SMALL GROUP SWIM LESSONS

45 minute small group instruction twice a week with flexible scheduling for children of all swimming ability. Learn to swim or get better at swimming with friends. Children must be at least 5 years old and toilet trained.

For ages 5 and 15. Minimum 3 students maximum 6 students per group

Fee: \$65/month

Beginner

M/W or T/TH 4:00pm – 4:45pm

Intermediate

M/W or T/TH 5:00pm – 5:45pm

Advanced

M/W or T/TH 6:00pm – 6:45pm

INTRODUCTION TO WATER (ADULTS)

This class is for adults who are not comfortable in or around water. You will learn that being in the water can be fun, help your health and that water will support you! If you've wanted to learn to swim but have been nervous about it this is the class for you!

Fee: \$55/month

Sat.

11:30 AM-12:55 PM OR

Sun.

11:30 AM-12:55 PM

BEGINNING ADULT LAP SWIM

INSTRUCTION

Learn to swim! If you have never learned how to swim and want to learn how, this is the class for you. Learn all of the basics of swimming. (18+)

Fee: \$55/ month

W/ F 4:30 pm – 5:25 pm OR

Sun 10-11:25 am

INTERMEDIATE ADULT LAP SWIM

INSTRUCTION

Know how to swim, but want to get better? Want to get a great workout? In this class you will learn to be a better, stronger swimmer. Learn better technique, gain endurance, work on your overall strength in this class. (18+)

Fee: \$55/ month

T/ TH 6:30 pm – 7:25pm OR

W/ F 6:30pm – 7:25pm

ADVANCED ADULT LAP SWIM

INSTRUCTION

Get a total body workout through swimming. Get in great shape with this class. Tryout required. Must be able to perform freestyle, backstroke, and breast stroke.

Fee: \$55/month.

T/ TH 7:30pm – 8:25pm OR

W/ F 7:30pm – 8:25pm

AQUA FIT

A combination of water aerobics, swimming, and more for a varied, challenging, and fun workout. If you want to get back into shape, keep yourself in shape, or are just looking for something different, then this is the class for you.

Fee: \$55/month.

W/F: 5:30pm – 6:25pm

Saturday: 10:00am – 11:25am



SWIMMING & AQUATICS

DEEP OR SHALLOW WATER AEROBICS

The **Shallow Water** class uses gentle in water exercises that are easier on joints than exercises done on land. The **Deep**



Water class is a new twist on regular aqua aerobics classes. These exercises are done while floating and treading water. This is a more advanced cardiovascular exercise than regular water aerobics, it proves to be a fun and exciting challenge for people looking to get fit.

Deep Water

Fee: \$55/month

T/TH 5:30-6:25 PM

Shallow Water

T/TH (Fee: \$55/mo.) 4:30-5:25 PM

OR

M/W/F (Fee \$66/month) 10-10:55

AM

Call 818-947-2577 x 0 or 818-778-5644 for class ID numbers.

PARENT & ME CLASSES

A class designed for parents to aid in the child's progression in the water. Parent must be in the water, child must be toilet trained and wear a swim diaper. Children must be between 2-4.5 years old.

T/TH 5-5:25 PM

Fee: \$55/Month

BEGINNING SPLASH CLUB

A large group lesson for the beginning swimmer looking to have fun, increase endurance, and learn the strokes. No try out required. Must be water safe and be able to swim one length (25 yards) unassisted. Open to ages 6 through 14.

T/TH 4-4:55 PM OR

T/TH 5-5:55 PM

Fee: \$55/month

INTERMEDIATE SPLASH CLUB

A large group class for children who know the basics of swimming and are looking for more, but still want to have fun! Learn the more advanced strokes and get better at the ones that you already know. Try out is required. Ages 6 – 16.

Fee: \$65/month

M/W/F: 5:30 – 6:25pm

PRE-TEAM - AGES 6-14

Intermediate to advanced swimmer looking to improve technique, endurance, and efficiency in the water. Participants will learn all skills necessary for competitive swimming. Ages 6 and older. Tryout Required. Call 818.778.5644 after 3 PM for tryout.

M/W/F

6:30-7:25 PM

Fee: \$65/month Due 1st of each month



AMERICAN RED CROSS LIFEGUARD CERTIFICATION

Anyone interested in becoming a lifeguard needs this class. This latest update of the lifeguarding course now includes CPR and Standard First Aid for the Professional Rescuer. Rescue techniques, recognition of different drowning types and spinal injury topics will be emphasized. A Red Cross Lifeguard Training Card will be awarded on successful completion of this course. Enrollment does not guarantee certification and/or employment.

Fee: \$150.00

Materials Fee: \$50.00

We will offer classes in both May and June.

Please call 818-778-5644 for dates & times

POOL PARTIES

Make your child's next birthday party a pool party here at LAVC. Pool parties are available on Saturdays and Sundays (May-October) between 1-4 PM. Rates are \$225 for up to 14 children and \$16 per person for each additional child. Parties include one and one half hours in the pool, a half hour to have cake and open presents, etc. and decorations. You bring your own cake and refreshments. We clean everything up at the end of the party. Reserve your party today by calling 818-947-2577 x. 4172.

Please Note: The LAVC Aquatics Center will be closed on 1/2/12, 1/16/12, 2/17-2/20/12, 4/6-4/8/12 and 5/26-5/28/12

TRIP & TRAVEL

Join us this fall for the following tours of California

You can find additional multi-day trips on our web site:

<http://lavalley.augusoft.net> For a complete itineraries of the multi-day trips please visit www.goodtimetravel.com

MULTI-DAY TOURS

SAN FRANCISCO & SONOMA-FEATURING A SINGLE-HOTEL STAY AT FISHERMAN'S WHARF, SONOMA VALLEY, ANGEL ISLAND

MAY 7-11, 2012 ~ 5 DAY TOUR

Experience the charm of San Francisco and the beauty of the Sonoma Valley countryside on this fantastic single-hotel stay. See the best that San Francisco has to offer – from its most famous sites to its newest. Journey to Angel Island and cross the iconic Golden Gate Bridge. Travel to the beautiful Sonoma Wine Country for wine tasting and a visit to a historic home. You will most definitely leave your heart in San Francisco, but the experiences will make it well worth it.



TOUR HIGHLIGHTS

- Enjoy a single-hotel stay in the heart of San Francisco's Fisherman's Wharf allowing you to walk to the many nearby attractions: Ghirardelli Square, the cable cars, and Pier 39
- A guided tour of the city to see all the sights that have made San Francisco so famous and such a beloved city including Union Square, the Financial District, Chinatown, North Beach and a walk on the Golden Gate Bridge for spectacular views of the city's skyline
- Visit San Francisco's newest attractions including an Angel Island tour, the Disney Family Museum and the California Science Academy
- Tour Sonoma Valley including wine tasting and the Luther Burbank Home & Gardens

FINE HOTELS / GREAT LOCATIONS

- Nights 1-4 Holiday Inn Fisherman's Wharf San Francisco, CA

TOUR INCLUSIONS

- 4 Nights deluxe hotel accommodations
 - 7 Meals – 2 dinners, 2 lunches, 3 breakfasts
 - Services of a professional Tour Director
 - Comprehensive sightseeing with a local guide
 - Admissions per itinerary
 - Transportation on a deluxe motorcoach
 - Luggage handling throughout the tour
 - Applicable taxes, fees and most gratuities
- # 2643 (single Occupancy) #2645 (double occupancy)

PER PERSON PRICES

Double \$949 / Single \$1,249 Deposit \$150

Travel Protection Plan: \$67 Double occupancy / \$85 Single occupancy

CALIFORNIA RAIL & SAIL - FEATURING 4 RAIL AND 2 SAIL JOURNEYS, LAKE TAHOE, MONTEREY, SACRAMENTO & RENO MAY 17-23, 2012 ~ 7 DAY TOUR

Embark on a rail journey across California that includes four rail and two sail adventures. From the coast to the redwoods to the Sierra Nevada and Lake Tahoe, this journey will offer the best that the Golden State has to offer while traveling the rails and setting sail.

TOUR HIGHLIGHTS

- Ride along California's coast aboard Amtrak's *Coast Starlight* with the ocean and farmland as gorgeous backdrops

TRIP & TRAVEL

Continued from P. 44

- In Santa Cruz, ride a historic steam train through the giant redwoods
- Ride the rails on the *California Zephyr* over the Sierra Nevada, through the dramatic Donner Pass
- Visit the old west towns of Carson City and Virginia City and ride the historic Virginia & Truckee train
- In Sacramento, visit the world-famous
- California State Railroad Museum, cruise along the Sacramento River and visit the State Capitol building
- Enjoy a relaxing lunch cruise aboard a paddlewheeler on beautiful Lake Tahoe

TOUR INCLUSIONS

- 6 Nights deluxe hotel accommodations
- 4 Train rides and 2 boat rides
- 11 Meals – 3 dinners, 2 lunches, 6 breakfasts
- Services of a professional Tour Director
- Comprehensive sightseeing with local guides
- Admissions per itinerary
- Transportation on a deluxe motorcoach
- Luggage handling throughout the tour
- Applicable taxes, fees and most gratuities

FINE HOTELS / GREAT LOCATIONS

- Night 1 Casa Munras Hotel & Spa Monterey, CA
- Nights 2-3 Hyatt Regency Sacramento, CA
- Nights 4-5 Peppermill Resort Casino Reno, NV
- Night 6 Creekside Inn Bishop, CA

2650 (single occupancy) # 2652 (double occupancy)

PER PERSON PRICES

Double \$1,099 / Single \$1,399 Deposit \$150

Travel Protection/Cancellation Plan: \$67 Double occupancy / \$85 Single occupancy



DAY TRIPS

L.A. NOSTALGIA

With Local Step-On Guide (Included Ride on Angels Flight)

Sunday, January 22, 2012



You'll be amazed with the Los Angeles treasures from yesteryear that will be showcased today. A professional L.A. guide, will provide a fascinating perspective of some of L.A.'s best-known and nostalgic landmarks, focusing on their art, architecture and history. Highlights include visits inside the Biltmore Hotel, Union Station, Grand Central Market, the Bradbury Building (pending filming), the Garment District, California Plaza and

Olvera Street. Also an included ride on the recently re-opened Angels Flight, known as the shortest railway in the world. Originally built in 1901 to transport people to the top of Bunker Hill, the Angels Flight funicular railway has recently been refurbished with new cars and new technology. Lunch on your own at Philippe's, home of the original French dip. You'll be amazed at the amount of knowledge and appreciation for Los Angeles that you'll gain from this tour and the nostalgia that it will generate!

2639 Fee: \$69 Depart: LAVC 9:15 a.m. Return: 5:45 p.m.

TRIP & TRAVEL

ALL SHOOK UP IN PALM SPRINGS-Elvis Estate & Celebrity Homes Tour Saturday, February 4, 2012

Get all shook up on this tour to Palm Springs' and the "Graceland of the West," Elvis' home away from home while shooting films in Hollywood throughout the 1970s. The docent-guided walking tour of the only home other than Graceland that Elvis owned will showcase the 5,500 square foot house and 3-acre estate which is designated a historic landmark and was a very private and special place for the *King*. See the living room where he recorded nine songs for RCA including "Blue Spanish Eyes," "Let Me be the One," and "Sweet Angelina." See the fountain that Elvis had installed as a gift to Priscilla, the entertainment room, his private bedroom and more. Then, embark on a driving tour with a local guide to see celebrity homes and other points of interest throughout Palm Springs. See the homes of such celebrities as Liberace, Marilyn Monroe, Bob Hope, Ronald Reagan, Nat King Cole, Peter Lawford, and the estate where Elvis and Priscilla spent their honeymoon. Time for lunch on your own in downtown Palm Springs. We'll make a stop at Hadley's, famous for their breads, nuts and date shakes. *Suggested: walking shoes.*



#2640 Fee: \$89 Depart: LAVC 8:00 a.m. Return: 7:30 p.m.

INDIO DATE FESTIVAL & Riverside County Fair Friday, February 24, 2012

Don't miss your chance to attend one of the oldest and most unique fairs in the west! Begun as a celebration of the date harvest in 1921, Indio's National Date Festival is now known around the globe for its quirky attractions. Enjoy the date exhibits and savor tasty date treats! View over 1,000 exhibits including animal, agricultural, fine arts, home arts, gems and minerals. See livestock shows, take in a variety of entertainment, or experience the thrill of carnival rides and games. Don't miss the unpredictable and hilarious ostrich and camel races. Enjoy lunch on your own at the festival, held at the Indio Fairgrounds. We'll make a stop at Hadley's, famous for their breads, nuts and date shakes. *Suggested: walking shoes.*



2641 Fee: \$69 Depart: LAVC 8:00 a.m. Return: 7:30 p.m.

Fillmore & Western Railway MURDER MYSTERY TRAIN (With Included Lunch) Saturday, March 31, 2012

All aboard the mystery train for hearty laughs and some less-than-serious sleuthing. As you sit back and enjoy the scenic ride through Ventura County's beautiful Heritage Valley roundtrip from Fillmore, a murder will take place and the crime will need to be solved. Jump right in and help determine the culprit, or simply sit back and be entertained by the spectacular actors. This first-class experience includes a scrumptious waiter-served meal featuring a green salad, orange-glazed chicken breast, rice pilaf, vegetables and dessert! You'll travel in style aboard the vintage 1930's passenger cars of The Fillmore & Western Railway – known as the *Hollywood Movie Train* ever since it was owned by three major studios and featured in over 400 films. After the train returns to Fillmore we will visit the quaint town of Santa Paula – browse the historic downtown area and see its historic murals. You may want to visit the fascinating Oil Museum that highlights the history and inner workings of California's black gold industry. A truly wonderful way to spend a Saturday afternoon.



#2642 Fee: \$119 (includes lunch) Depart: LAVC 9:30 a.m. Return: 7:00 p.m.

EXTENSION PROGRAM
EARN GREAT MONEY THIS YEAR!

Professional Paralegal Academy

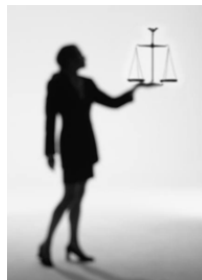
Less than 11 months to your new career!

Exceeds CA code for paralegal education. Convenient schedule (Monday and Wednesday evenings plus 2-3 Saturdays per month). Learn from attorneys and practicing paralegals. Over 28 legal topics covering pertinent areas of the law and core components with practicum level and externship module.



Course fee: \$4,600

Class terms start: March 14 and September 19, 2012



Legal Secretary Academy

10 weeks to a new career!

Accelerated and condensed learning modules with focus on civil litigation and basic legal concepts. Convenient Tuesday evening and Saturday morning schedule. Learn from attorneys and paralegals. Work for any attorney - anywhere.

Course fee: \$1,300

Class terms start: March 14 and September 19, 2012

Human Resource Assistant Academy

12 weeks to a new career!

Outstanding collection of HR management topics offered in convenient Thursday evening and Saturday morning classes. Learn from experts and experienced HR professionals. Become employable in virtually every industry with this knowledge.



Course fee: \$1,300

Class terms start: March 14 and September 19, 2012



Medical Training Classes

In collaboration with Boston Reed College

Clinical Medical Assistant - \$3,250 (April)

Pharmacy Technician - \$3,250 (April)

Electronic Health Records System Technologist - \$3,600 (January)



Easy payment plans available.

For information, call

(818) 997-0967

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For more information, please call
818 947-2577, Ext. 4172

FAX: 818 947-2930

Internet: www.lavc.edu or
<http://lavalley.augusoft.net>

Text available in alternative medias

Winter/Spring 2012
January 2 - May 31, 2012